

METRO-EAST LUTHERAN HIGH SCHOOL

HIGHLIGHTS

(618) 656-0043



MELHS.ORG



@MELHS.KNIGHTS



Please pray...

- For our upcoming Open House and the families who will be visiting our school.
- Give thanks for all of our volunteers and the support they provide in the many areas that contribute to the success of our school.



Announcements

Open House: Please invite your friends and family to our Open House for new students. It is Sunday, February 1 from 1:00-3:00. They may tour our school and meet our teachers. Find out what it takes to become a Knight!

Academic Challenge: This is a test-taking competition. Each member of the team takes tests in 2 of the following subject areas: math, chemistry, physics, biology, english, engineering graphics, and computer science. There are no practices, and the first competition is on February 26. If you are interested in joining the team or learning more about it, please get an application from Mr. Moldenhauer's room. Applications are due by January 23.

SIUE's Society of Women Engineers is hosting an annual Introduce a Girl to Engineering Day on Saturday, February 28 from 8:30 am – 3:15 pm for grades 6-12. Please see sign up [HERE](#).

Hymn Festival: Mark your calendars for a Hymn Festival on Sunday, January 25 at 3 pm at St. Paul's Lutheran Church in Troy located at 112 N. Border St., Troy, IL.

Enrollment: Enrollment for the 2026-2027 school year is now open! Please spread the word to family and friends that may be looking at high school options for next fall.

Dine to Donate: Please support our Knight Stewards on Monday, January 26 from open to close at Peel Wood Fired Pizza. Use code 2026 for any online orders. Our Knight Stewards will receive 20% of all proceeds.

Dine to Donate: Please mark your calendars for a Knight Stewards Dine-to-Donate opportunity on Monday, February 23 from 4 – 8 p.m. at Panera Bread in Edwardsville. 25% of receipts will help fund various educational efforts at our school. The fundraising flyer will be included in Highlights.

Serve Awards



Congratulations to our SERVE (Students Earning Recognition for Various Endeavors) Award students. This week we recognize Tim Schilbe, Lorelei Schuler, Abby Ayer, Lily Spelbring, Dani Spann, Liam Hazelwonder, George Bellone, and Josie Wright for their academic performance; Grant Downing and Jacob Staake for their athletic and extracurricular performance; and Novalynn Vincent for their willingness to serve.

UPCOMING EVENTS

National Lutheran Schools Week

January 26 – 30, 2026

Peel Dine to Donate

January 26, 2026

Open House

February 1, 2026

Early Dismissal – 1:10pm

February 10, 2026

No School – Winter Break

February 13, 2026

No School – President's Day

February 16, 2026

Announcements

14 Thrivent Action Team grants needed this semester:

We are looking for Thrivent policy holders who would be willing to use one of their two Action Team grants to help the MELHS Student Success Center provide food to students in need. We need 14 volunteers to help provide for the needs we face this semester. If you are a Thrivent member willing to support a week of our work in the center, please sign up on this sheet and Director of Student Success Faith Spelbring will be in touch with wording you can use to fill out the request form.

<https://www.wejoinin.com/sheets/bdubr>

Sausage Supper: Zion Lutheran Church, Bethalto, will be hosting their 76th Annual Sausage Supper on Sunday, January 25 from Noon – 6:00pm. This year the dinners will be carry out with a place to take carry outs and dine in. All dinners are \$15. In addition to the dinners, 2-lb bags of bulk/ground sausage for \$10/bag, 3-lb bags of raw sausage links for \$15/bag, and bags of cooked sausage for \$15/bag will be available for purchase on the day of the supper. The raw sausage items will be available for sale in the gate house at Zion on Fri. 1/23 from Noon-5pm and Sat. 1/24 from 10am-5pm. Zion's address is 625 Church Dr; Bethalto. Corner of Rt 140 & S. Moreland Rd.

Save the Date: Mark your calendar for the annual Sigmund Bohnet Memorial Golf Tournament, which will be held on April 11 at Arlington Greens Golf Course in Granite City. If you are willing to help make this event a success, please contact rob.stock@melhs.org.

Swim: Boys that are interested in swimming please speak to Ms. Sparks.

FCA Guys Weekend of Champions will be March 6-8, 2026.

Register at stlfca.org/guysweekend

See attached flyer for more information!



On Saturday, January 17th, Knights Scholar Bowl competed at the Piasa Bird Invitational at Southwestern High School in a field of 30 teams. They finished the day as tournament champions with a record of 11-0 for the day!. Junior player Dean Hemmer led the team with an average of 107 points per game. Let's go Knights! They continue their season this upcoming Saturday at the Frostbite tournament in Granite City in another 30-team field.

Sports/Activities Schedule

Scholar Bowl - 1/22 Scholar Bowl Home-Highland /Triad/Marquette, 1/26 Scholastic Hi-Q SIUC, 1/29 Home vs Waterloo/Granite City/Mascoutah

Bowling -

Girls Basketball - 1/29 Home vs Illinois School for the Deaf

Boys Basketball - 1/24 at Staunton, 1/26 Freshman Home vs Marissa, 1/27 Home vs Collinsville, 1/30 at Alton, 1/31 at Manual High School Shootout vs Danville

Wrestling - 1/26 Home vs Highland

College Reps

College visits are starting. Watch the daily announcements for more information about which schools will be sending representatives. To attend a college visit, juniors and seniors need to see Mrs. Behrhorst the day before the visit to receive a pass. You must still get permission from your teacher for the time that you will miss from class.

"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? 26 Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?"

Matthew 6:25-26

Stay Updated!

Follow our social media pages so you can stay up to date on everything happening during the school year. Please email any pictures to kori.krause@melhs.org.

Knight Stewards

Hello from the Knight Stewards! Here are a few updates, requests and dates for you to add to your calendar.

First, we have 2 Dine To Donates scheduled so far in 2026 (more to come).

- Monday, January 26, Peel Pizza-Edwardsville will give MELHS 20% of net sales all day - including dine in, carry out, gift cards, prepackaged items, etc. Just show the flyer or enter "2026" for online ordering.
- Monday, February 23, Panera Bread-Edwardsville will give MELHS 25% of receipts from 4-8pm. We'll have a flyer to share closer to the event!

Second, we'd like to invite all members of Knight Nation who have worked or will be working in the concession stands this year (this should be **EVERY FAMILY!**) to attend a Knight Stewards meeting on Thursday, January 22 at 7pm. There are no athletic contests that evening so we hope to have a big crowd! We'll provide a year to date report and dessert as we want to use this as an opportunity for MELHS parents to socialize and meet new friends. This is our way to thank you for your efforts as we continue to raise money for all the extracurricular activities offered at MELHS.

Finally, this is a friendly reminder that all families should sign up for 5 time slots in the concession stands over the course of the entire school year. There are a few families who have already completed their service (**THANK YOU!**). There are also families who have not yet participated in this important endeavor. Please sign up at the link below - Most sports contests through the end of the school year are included in the link so there are tons of options to fit your calendar! There is one more tournament being hosted at MELHS this year on Friday and Saturday, January 30-31. We could use extra help in the concession stand. If you'd be able to give a little time, please grab a friend and sign up in the Knights Hub on the Knights App or by clicking this link:
<https://signup.com/go/UQmNYsA>

Thanks for stepping up, Knight Nation!

Misty Menossi (president@knight-stewards.melhs.org) and Jennifer Schilbe (secretary@knight-stewards.melhs.org), Co-Chairs, Knight Stewards



DINE AND DONATE

Indoor & Outdoor seating and Carryout orders
open to close on 1.26.26.

Gift Cards, Packaged Sauces, Growlers of Beer and
all Food Purchases count towards fundraiser.



**ENTER CODE 2026 FOR
ONLINE ORDERING!**

Show this flyer on your phone or mention when you
place your order. 20% of your proceeds will be counted.
(Net sales before tax and tip).
EDWARDSVILLE Location!!

INTRODUCE A *Girl* TO ENGINEERING DAY

FEBRUARY 28, 2026
8:30AM - 3:15PM



KEYNOTE SPEAKER **Cathleen Gotsch**

CATHLEEN GOTSCHE IS AN EXPERIENCED ENGINEERING PROFESSIONAL WITH OVER 30 YEARS IN THE AEROSPACE AND DEFENSE INDUSTRY. CURRENTLY SERVING AS A SENIOR PROJECT ENGINEER AT THE BOEING COMPANY, WHERE SHE LEADS DEVELOPMENT EXCELLENCE INITIATIVES FOR THE AIR DOMINANCE DIVISION. SHE HOLDS BOTH A MASTER'S AND BACHELOR'S DEGREE IN ELECTRICAL ENGINEERING FROM SOUTHERN ILLINOIS UNIVERSITY EDWARDSVILLE AND IS DEDICATED TO MENTORING ENGINEERS THROUGH THE BOEING SOCIETY OF WOMEN ENGINEERS MENTORSHIP PROGRAM WHILE SUPPORTING STEM OUTREACH IN THE COMMUNITY. CATHLEEN BEGAN HER CAREER IN 2002 AS AN ELECTRICAL DESIGN ENGINEER AT DRS TECHNOLOGIES IN ST. LOUIS AND HAS CONTRIBUTED TO VARIOUS INNOVATIVE PROJECTS, INCLUDING THE FLIGHT CONTROL AVIONICS FOR BOEING'S X-WING DRONES.

WHAT TO EXPECT

- Keynote Speaker
- Hands-On Engineer Activities in Computer Science, Electrical/Computer, Mechanical, Civil, and Industrial Engineering
- Professional Panelists Discussion with Q&A
- Lunch will be provided

ALL STUDENTS GRADES 6-12 ARE INVITED

- Register by 02/06/2026
- SIUE Engineering Building

REGISTER HERE!



[HTTPS://IGE DAY26.EVENTBRITE.COM](https://igeday26.eventbrite.com)

**FREE TO ATTEND
WITH REGISTRATION**

Hymn Festival

The Conversion of St. Paul, January 25, 2026 – 3:00 PM
St. Paul's Lutheran Church, 112 N. Border St., Troy, IL



Featuring choirs and instrumentalists from:

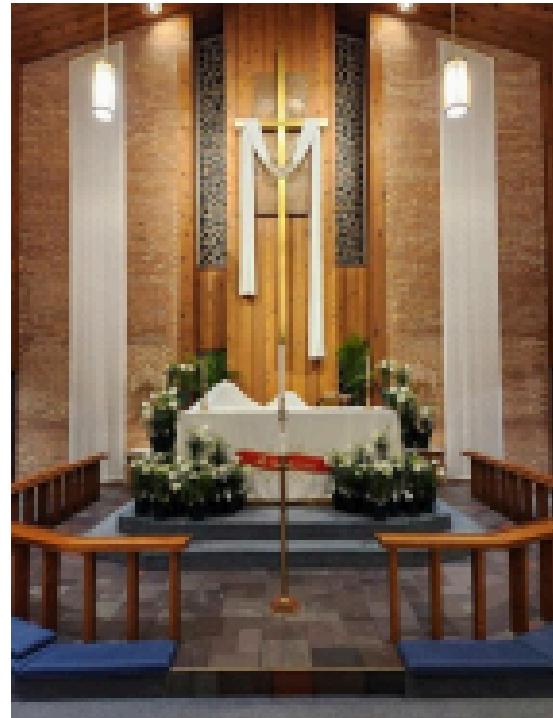
St. Paul's Lutheran Church, Columbia, IL

St. Paul Lutheran Church, Hamel, IL

St. Paul's Lutheran Church, Troy, IL

St. Paul Lutheran Church, Wood River, IL

Metro East Lutheran High School, Edwardsville, IL



**Hymn Commentaries by pastors of
the participating churches**



A Mission Offering will be collected to benefit Seminario Concordia El Reformador

The Southern Illinois District Convention approved to establish a partnership with Seminario Concordia El Reformador as the new foreign mission partner. The seminary, located in the Dominican Republic, serves Spanish-speaking Lutherans from all over Central and South America by training pastors and deaconesses who then plant churches in their home countries. The seminary is part of Iglesia Evangelica Luterana Confesional, the church body in fellowship with the LCMS in the Dominican Republic.

"You then, my child, be strengthened by grace that is in Christ Jesus, and what you have heard from me in the presence of many witnesses entrust to faithful men who will be able to teach others also." 2 Timothy 2:1-2

ZION LUTHERAN CHURCH BETHALTO
SPONSORED BY ZION LUTHERAN MEN'S CLUB

**76TH ANNUAL
SAUSAGE SUPPER
WE WELCOME YOU TO COME INSIDE**

**SUNDAY JAN 25TH 2026 NOON - 6PM
RT 140 AT MORELAND RD**

**CARRY OUT
AND/OR DINE IN WITH CARRYOUT**

**\$15 PER DINNER
CASH OR CHECK ACCEPTED**

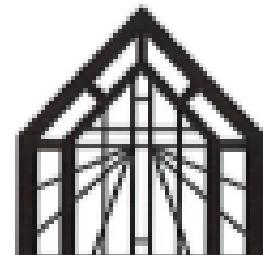
**MEAL INCLUDES: FRIED SAUSAGE, SAUERKRAUT, MASHED POTATOES & GRAVY,
GREEN BEANS, APPLESAUCE**

PIE CHOICES: APPLE, CHERRY, PECAN, OR PUMPKIN

**PRE-ORDER 3LBS RAW LINK SAUSAGE \$15
OR 3LBS COOKED SAUSAGE \$15
OR 2LBS SAUSAGE BULK \$10**



**BULK RAW SAUSAGE SALES AVAILABLE AT THE GATEHOUSE
FRIDAY 1/23 NOON-5PM
SATURDAY 1/24 10AM-5PM**



**ZIONBETHALTO.ORG
FOR QUESTIONS CALL 618-377-8314**



Knight Stewards Meeting

**Celebrating and thanking YOU for all your
volunteer efforts supporting the extra-curricular
groups and teams**

**Thursday, January 22 at 7:00 PM
Media Center at MELHS**

Dessert will be provided!

GUYS WEEKEND OF CHAMPIONS



March 6-8 / Lake Williamson Christian Center / Carlinville, IL



Early Bird
Price of \$199
until Jan. 9!
(\$250 after)

Register at stlfca.org/guysweekend or use the QR Code above.

Financial Assistance is available.

Contact Mark Oberhauser for more information: 618-219-0489