

METRO-EAST LUTHERAN HIGH SCHOOL HIGHLIGHTS

(618) 656-0043



MELHS.ORG



@MELHS.KNIGHTS



Please pray...

- For all our students, staff and volunteers participating in the Homecoming activities this week.
- Giving thanks for all MELHS families.

UPCOMING EVENTS

- * **Homecoming Dance**
October 4, 2025
- * **Early Dismissal - 1:10pm**
October 7, 2025
- * **End of Quarter 1**
October 8, 2025
- * **No School - Fall Break**
October 10, 2025
October 13, 2025
- * **Open House**
October 26, 2025



Announcements

LET'S ROLL! If you are interested in joining the BOWLING team, please sign up in Mr. Giordano's Room (103) and grab a schedule. Boys practice starts October 27, and Girls practice starts November 17.

Trunk or Treat: Any MELHS group or individual wanting to have a car in the Stu Co Trunk or Treat, should sign up on the Student Council bulletin board outside Mrs. Morrison's and Miss Spark's room. Trunk or Treat will run from 6 to 7:30 pm on October 29th in the MELHS parking lot.

Any Good Shepherd students who might like to play handbells consider joining the Good Shepherd Handbells. The group meets Tuesday nights and plays one Saturday night a month. See Mrs. Wudtke for more information.

National Honor Society Service Hours Opportunity: Calling all NHS Students! Do you need service hours? As Mrs Schilbe mentioned at the recent meeting, NHS students are invited to serve in the concession stands to get hours. Sign up in the Knights Hub on the MELHS Knights app or at this link:
<https://signup.com/go/UQmNYsA> Please make sure one adult is signed up with you.

Join Illinois Senator Harriss' Youth Advisory Council. The YAC will consist of four outstanding sophomore, junior, or senior students per high school within Senator Harriss' Senate District selected by principals, teachers, and administrators. The chosen students will meet with Senator Harriss' Senate staff to discuss public policies while experiencing the legislative process firsthand. The Fall YAC will be at SWIC - Granite City Campus on November 7th. Participants will have the opportunity to brainstorm and discuss issues that are important to today's youth. The idea behind this event is to engage students who are interested in careers in public service and to connect with elected officials and other leaders about the legislative process. This is a free event and lunch will be provided. Further details will be given closer to the date. If interested, please see Mr. Langendorf (Room 20) before noon on Friday, October 17th.

Trivia Night: Holy Cross is hosting a Family Trivia Night on October 17th as a fundraiser for their spring musical. There will be questions that kids, teens, and adults may know. It's only \$20 per table, and the spring musical will be announced at the end of the event. Contact theatre@holycross-collinsville.org to reserve your table.

Auction

We have had a wonderful response to the signups -- thank you to our volunteers!! We can use more help. This week, we are especially interested in filling two open positions:

- Pulling the information of items from an Excel spreadsheet into the Auctria app for viewing (we will train you, it's not hard -- just takes some time). Best times to do this are October 1-15 school hours, but accommodations can be made for someone that is only available nights or weekends. Strong app and typing skills needed, and ability to navigate a software package on a laptop after being shown. (can be done as a team, really need 1-2 people to make this a success). Will need to be able to spend time during the dates above to meet the critical deadline.
- Overseeing games the night of the event -- we have someone stepping down next year who is willing to oversee the games and train the person that will take on this task next year. It's a lot of fun, and there's some planning involved along with being present from 4pm-7:30pm the night of the event (you can also stay for the rest of the auction and enjoy). Talking to people, encouraging ticket sales, handling purchases (on the app), and answering questions of those running the games are the primary responsibilities (project manager is a great skill to have here).

Thanks for supporting our "all school biggest fundraiser of the year"! Proceeds support financial needs around the school for improvements. To sign up for either of the above or to help in another way, including donating an auction item, please sign up [HERE](#).

For questions, contact Michelle Quinlan, mqmelhs87@gmail.com or 770-617-2466 (cell/text)

Sports/Activities Schedule

Cross Country - 10/4 Wesclin Invite, 10/7 at Madison County Meet, 10/11 at Gateway Conference Meet

Football - 10/3 Home vs South Fork - Homecoming Game, 10/10 at Martinsville

Soccer - 10/1 Home vs Southwestern, 10/6 at Valmeyer

Girls Tennis - 10/6 at Triad, 10/10 at Father McGivney, 10/13 at EAWR

Girls Volleyball - 10/2 Home vs CORLHS, 10/7 at Maryville Christian, 10/9 at Althoff, 10/11 JV at Greenville Tournament

Golf -



Announcements

Join St. Louis Regional Ambassador, Carrie Kober, on a trip to visit Concordia, Nebraska. This is open to all St. Louis area high school students. We will leave Thursday, November 6th at 7:30 am and return Saturday, November 7th at 6:30 pm. Students will tour the campus, meet with admissions, professors, and coaches. We will also go to a basketball game. There will be other fun opportunities to explore the campus and town. Students will be housed and fed by the University. Bring money for food on the trip up and on the trip back and any purchases from the Fan Shop. Register through the QR code. Questions? Call or e-mail Carrie Kober 314-221-9722 or Carrie.Kober@cune.edu



College Reps

College visits are starting. Watch the daily announcements for more information about which schools will be sending representatives. To attend a college visit, juniors and seniors need to see Mrs. Behrhorst the day before the visit to receive a pass. You must still get permission from your teacher for the time that you will miss from class.

- Truman State - 10/15 at 1:30pm
- University of Nebraska - 10/27 at 11:00am

"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? ²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?"

Matthew 6:25-26

Stay Updated!

Follow our social media pages so you can stay up to date on everything happening during the school year. Please email any pictures to kori.krause@melhs.org.

Knight Stewards

A few updates from the Knight Stewards...

Volunteers Needed!

MELHS is hosting a grade school volleyball tournament and we need help in the concession stand. We're looking for adults and National Honor Society students (who can receive service hours for working). The tourney is on Saturday October 25 and you can sign up here: <https://signup.com/group/100951824038>

ALSO...

We're gearing up for an exciting basket auction as part of the Night of Knights Auction, and we need your help to make it a smashing success! The Night of Knights Auction is 5 weeks away and we're looking for creative and themed basket donations that will wow our bidders and raise funds for MELHS.

We've got a few ideas listed on our [signup.com list](#) but we'd welcome ideas you have for a theme of your own. So, get together with some other MELHS families and put together a basket today.

Bring your completed basket to the school office by October 10.

Misty Menossi (president@knight-stewards.melhs.org) and Jennifer Schilbe (secretary@knight-stewards.melhs.org), Co-Chairs, Knight Stewards

Join us at the Homecoming game on Friday night and check out our special menu!

