

# Metro-East Lutheran High School



# HIGHLIGHTS

March 7, 2025  
*Grace and Kindness*  
Ephesians 4

Please pray...

- For our spring athletics teams as they begin preparing for the upcoming season.
- For an attitude of prayer and reflection among our community as we enter the Lenten season.



## Important Upcoming Dates

March 11 Early Dismissal 1:10pm

March 24 Interim Week Begins

## Announcements

**Do you want to help the Costa Rica Mission Trip team?** As we prepare the VBS that we will be presenting in the communities of San Ramón, Costa Rica, our Mission Trip team needs YOUR help to gather supplies for crafts, free play time with the kids, and snacks! If you want to help us make this VBS a success, please consider purchasing items from our Amazon Wish List to be delivered to MELHS by Friday, March 14th. You can find our wish list [HERE](#). Thank you in advance for your contributions and support of our trip!

Please check out the BSN Spring Athletics store to get your new MELHS gear. The shop stays open until March 5: Click here to see your [shop flyer](#). You can also copy/paste this link to send people directly to your shop: <https://bsnteamssports.com/shop/dhGHKZsySj>

**Juniors & Seniors who are interested in being PAID to be an Election Judge for the upcoming election on Tuesday, April 1st should talk to Mr. Langendorf for more information.** In addition to being paid for your time, it would also be a great thing to include on a resume or application!

**Next Thursday, March 13, during 3rd hour, SIUE School of nursing will be presenting to the Anatomy class.** Anyone interested in going into nursing (at any school) is invited to attend this presentation to hear more about the field and what SIUE has to offer. Please see Mrs. Doyle in advance for a pass for your 3rd hour teacher to sign for that day if you plan to attend.

The boys basketball team is still going strong! Come support them TONIGHT in the Sectional Final game against Greenfield at 7:00 p.m. at North Greene High School in White Hall. Go Knights!





## Sports/Activities Schedules

**Boys Basketball** — TBA 3/10 - 3/15

**Boys Volleyball** — 3/10 Practice Begins

**Baseball** —

**Softball** —

**Track & Field**—

**Girls Soccer** —

**Scholar Bowl** — 3/8 Masonic State, 3/10 Regionals at Home, 3/15 TBA Sectionals

## Announcements (continued)

**Yearbook:** Please share your MELHS memories from this school year with the school yearbook staff. Please email photos of your sports successes, activities fun and friendships to [caleb.conrad2025@melhs.org](mailto:caleb.conrad2025@melhs.org).

**Trinity Lutheran School:** Planning is underway for Trinity Lutheran School's "Heart of an Eagle" Dinner Auction to be held Saturday, March 15, 2025, at the Moose Lodge in Edwardsville, IL.

**Fellowship of Christian Athletes:** FCA Guys Weekend of Champions will be March 7-9 at Lake Williamson in Carlinville. Register here: <https://stlfca.org/guysweekend>  
Contact Mark Oberhauser with questions: [moberhauser@fca.org](mailto:moberhauser@fca.org) / 618-219-0489

**Save the Date:** Mark your calendar now for the annual Sigmund Bohnet Memorial Golf Tournament, which will be held on April 12 at Arlington Greens Golf Course in Granite City.

**Pre-Apprenticeship program:** The Independent Electrical Contractors of Greater St. Louis is proud to offer our first ever Pre-Apprenticeship aimed at 16-20 year olds to prepare them for the construction jobsite and get them "shovel ready". It is a 6-week course (one night a week) where students sample the electrical trade, prepare their resume, practice interview skills, and prepare for the required math exam. Students who successfully complete the program will keep the tools they use for those 6 weeks. If you have sophomores-seniors that would benefit from a program like this, please pass along the information. See the attached flyer.

**The Summit STEM Fellowship is a virtual summer fellowship empowering future STEM leaders.** Open to rising 9th-12th graders worldwide, the fellowship connects students with mentors from leading institutions including Stanford, MIT, and Harvard, to explore diverse opportunities and career pathways in STEM. The fellowship is 10-15 hours per week, and events take place in the evenings and weekends to accommodate students' summer schedules. Applications are reviewed on a rolling basis, so early submission is encouraged. To learn more and apply, please visit the program website: [www.summitstemfellowship.org](http://www.summitstemfellowship.org). For any questions, please email [info@summitstemfellowship.org](mailto:info@summitstemfellowship.org).



Pastor Schultz led our Ash Wednesday service this week, including the Imposition of Ashes, to commemorate the start of Lent. We rejoice that being in a Lutheran school allows opportunities like this to be reminded that our hope is always in Christ!

# **PAINT YOUR PET!**



Join our highly anticipated Paint Your Pet Workshop with local artist Patrick Walgamott! (Instagram: zero\_to\_100\_paintings) Enjoy a fun evening for a great cause and support the Holy Cross Comfort Dogs



**SATURDAY  
MARCH 29TH  
AT 2 PM**

Submit a digital photo of your pet (dog, cat, horse, hamster, etc.) no later than Saturday March 14th to [marydburch@gmail.com](mailto:marydburch@gmail.com). Payment can be made via check, cash, venmo or apple cash. Spaces are limited!

**\$60**  
PER PERSON

**American Legion  
1022 Vandalia Street  
Collinsville, IL 62234**

Call 618-581-5316 with any questions

All 6-8<sup>th</sup> Grade Lutheran Middle School Students are invited to attend a...

# 2<sup>nd</sup> Chance Dance

Head to your favorite thrift shop and find the perfect formal attire!

The dance will take place in the school gym at Metro-East Lutheran High School on **Saturday April 5<sup>th</sup>, 2025, 6-9pm**. Admission is \$5 and your name will be entered to win the attendance prize! The fun includes: DJ, drinks, snacks, photo booth, games, contests, and prizes!

## Games

Best Dressed Boy  
Best Dressed Girl  
Limbo  
Dance Off  
Bags Competition  
Hula-hoop Competition

## Prizes

We are looking forward to a great night of fun for the middle school students!  
For more information, text Dana McQuade (740) 438-6000.



Metro-East Lutheran High School  
6305 Center Grove Road  
Edwardsville, IL 62025





INDEPENDENT  
ELECTRICAL  
CONTRACTORS

GREATER ST. LOUIS

# PRE APPRENTICESHIP

6 WEEK COURSE  
STARTS  
MARCH 26

EXPLORE  
THE ELECTRICAL  
TRADE

**EARN FREE TOOLS!**

*with the successful completion of the course.*

# ELECTRICAL PRE-APPRENTICESHIP



## CONSIDERING AN ELECTRICAL CAREER?

INVEST IN YOUR FUTURE AND BECOME JOBSITE READY WITH OUR 6 WEEK PRE-APPRENTICESHIP PROGRAM WHICH PREPARES INDIVIDUALS FOR ENTRY LEVEL CAREERS IN THE ELECTRICAL INDUSTRY AND THE START OF ELECTRICAL APPRENTICESHIP.

### INSTRUCTION INCLUDES

- TOOL & MATERIAL IDENTIFICATION
- INTRO TO THE NEC
- INSTALLING SWITCHES & LIGHTS
- RESUME & INTERVIEW PREP
- MATH EXAM PREP
- CONDUIT BENDING

### PROGRAM COSTS

**\$375** /PERSON

TAKE THE FIRST STEP IN BUILDING A MORE POWERFUL FUTURE!

APPLY ONLINE BEFORE MARCH 10 THROUGH OUR WEBSITE.

APPLICANTS MUST BE AT LEAST 16 YEARS OF AGE.



636.536.9701  
WWW.IECSTL.COM  
668 GODDARD AVE  
CHESTERFIELD, MO 63005

TRINITY LUTHERAN DRAMA CLUB PRESENTS!

# MURDER

## at the Pie Auction

BY MICHAEL DRUCE

*A Dinner Theatre Production  
with audience interaction!*

All tickets must be bought online ahead of the show!

Ticket Website Closes March 3rd at 3:00 P.M.

**\$35**



**MARCH**

**14TH**

Produced by special arrangement  
with Pioneer Drama Service, Inc.,  
Denver, Colorado