

# Metro-East Lutheran High School



# HIGHLIGHTS

October 4, 2024

*Grace and Kindness*

Ephesians 4

Please pray...

- For our music department and all the students and staff involved in the fall concert this weekend.
- For all the middle school students who will be visiting our campus next week for 7th and 8th Grade Day.



## Important Upcoming Dates

Oct. 6 Music Department Fall Concert

Oct. 8 Early Dismissal at 1:10 p.m. for Staff Meeting

Oct. 9 Testing Date, Dismissal at 11:45 a.m.

Oct. 9 7th and 8th Grade Visit Day in the Afternoon

Oct. 11 No School, Fall Break

Oct. 14 No School, Columbus Day

## Announcements

**Fall Concert:** The MELHS Music Department is hosting its Fall Sampler Concert on Sunday, Oct. 6, at 4 p.m. in Henschen Alumni Hall! Come enjoy beautiful performances from our String Ensemble, Chorale, Ritterchor, and Concert Band. A freewill offering will be taken to help sustain our incredible music programs, and don't miss the delightful dessert reception to follow!

**Volunteer help needed Saturday, Oct. 5:** Calling all people with tools and muscles to help load, transport, and unload furniture that is being donated to MELHS. Some disassembly and assembly may be required. Email Mrs. Spelbring at [faith.spelbring@melhs.org](mailto:faith.spelbring@melhs.org) to sign up.

- Crew #1 – Meet in Shiloh at 9 a.m. to collect items that include multiple heavy tables, 20 or so rolling chairs, a few bookcases and filing cabinets and a microwave.
- Crew #2 – Pick up items from IKEA at 10 a.m. that have been purchased with grant money to be delivered to the Student Success Center.

Both Crews – Take older, unneeded furniture to a local donation center.

**Early dismissal:** School will be dismissed at 1:10 p.m. on Tuesday, Oct. 8. Students will go to each class on an abbreviated schedule. Lunch will not be served that day, but students may bring a snack for “snack break” before sixth period.

**Picture retakes** have been scheduled for Tuesday, Oct. 8, at 8 a.m. Any student who missed the first picture date should plan on having their pictures taken that day. Additional order forms are on the office counter or go to <https://accessmyevent.com/XNPV53> to order online. If you already ordered photos and plan on having retakes, please return your pictures to the photographer at the time of retakes.

**Testing Date:** On Wednesday, Oct. 9, freshmen, sophomores, and juniors will be testing in the morning. They will be released at 11:45 a.m. Seniors will not need to attend school.

**Fall Break:** There will be no school on Friday, Oct. 11, and Monday, Oct. 14, for Fall Break.

**Bowling:** Any student interested in joining the bowling team, please sign up and get information in Mr. Giordano's room (103). Both boys and girls have teams that compete against area schools!

**Indoor Soccer:** Join the MELHS girls' soccer team for indoor soccer! It's a great way to have fun and get some preseason training in! No experience is needed. This is not a commitment to spring soccer, nor is it an official MELHS sport. Email [alyssa.bivens2026@melhs.org](mailto:alyssa.bivens2026@melhs.org) for more details.

**FCA Fields of Faith** will be Wednesday, Oct. 9, at Triad High School from 6:30 p.m. to 8 p.m. Everyone is invited and there will be free Chick-Fil-A! See attached flier for more information.

**After Prom:** Mark your calendars for Sunday, Oct. 13, to support the After Prom fundraising efforts. MOD Pizza in Edwardsville will donate 25 percent of your bill if you use the code MODGIVES25 or show the attached flier.

## Sports/Activities Schedules

**Cross Country** — 10/5 at GRIT Run; 10/8 at Madison County Meet; 10/12 at Conference Meet at Father McGivney

**Football** — 10/5 at South Fork; 10/8 JV at South Fork; 10/11 Home vs. Pal/Hut

**Boys Soccer** — 10/5 Home vs. Gibault; 10/7 Home vs. Valmeyer; 10/8 Home vs. Father McGivney

**Girls Tennis** — 10/4 Home vs. Mascoutah; 10/7 Home vs. Triad; 10/10 Home vs. Father McGivney; 10/15 Home vs. Gibault

**Girls Volleyball** — 10/8 Home vs. Maryville Christian; 10/10 Home vs. Althoff; 10/12 at JV Greenville Tournament

**Golf** — 10/7 Girls Sectional at Lincoln Greens in Springfield; 10/7 Boys Sectional at Franklin County Country Club

### Heading to Sectionals



**The Boys Golf team** took second place at the 1A Mt. Olive Regional at Timber Lakes Golf Course in Staunton this week. Ryan Suhre had the second best individual score with a 74, including an eagle on Hole 18. The Knights also counted scores from Jacob Kober (82), Andre Menossi (86), and Erik Neath (90). The team now advances to the 1A Sectional at Franklin County Country Club on Monday.

**In Girls Golf**, Ally Suhre competed as an individual at the 1A Waterloo (Gibault Catholic) Regional at Acorns Golf Course in Waterloo. She had the fifth best individual score with an 82. She qualified for individual advancement to the 1A Sectional at Lincoln Greens Golf Course in Springfield on Monday.

## Announcements (continued)

**Support the auction efforts: Consider how you can help make the 45th annual Night of Knights Auction a success.** We need volunteers in the following areas: Soliciting donations, cataloguing donations, event marketing, decorating and support on the event day. If you are interested in helping out in any way, please contact Sheila Hamlin at [office@melhs.org](mailto:office@melhs.org). The auction will be held on Nov. 1, and the deadline to made a donation is Oct. 15. Please see the attached flier for more details about sponsorship and volunteer opportunities.

**Cheer Camp:** The Knights Cheerleaders will host a cheerleading camp for girls in 1st-8th grade. Girls who attend the camp will get to perform at the Knight's home football game on Friday, Oct. 11, at 7 p.m.

**Date:** Saturday, Oct. 5, from 9 a.m.-noon in the gym

**Details:** Campers will learn a band dance, sideline cheers, and crowd cheers to perform at the football game.

**Cost:** \$45 includes a t-shirt, bow, and one free ticket to the game Friday. Payment is due when registering via Venmo at @Sarah-Koch-26 or check to the MELHS office.

**To sign up please complete [this form](#).** Contact Sarah Koch with any questions at [skoch326@gmail.com](mailto:skoch326@gmail.com).

**Student Success Center:** Interested in finding out more about what the Student Success Center is all about? Check out the attached flier.

## College

To attend a college visit, juniors and seniors need to see Mrs. Behrhorst to receive a pass. You must get permission from your teacher for the time that you will miss from class.

- Webster University, 10/17 at 9:30 a.m.
- Mizzou, 11/21 at 9:30 a.m.



**The varsity Scholar Bowl team** traveled to Carbondale this week to compete in Scholastic Hi-Q, an academic game show featuring high school teams from across southern Illinois. Stay tuned for details about when the episodes featuring the Knights will air on PBS.



FUNDRAISING

# RAISE SOME DOUGH



JOIN MOD IN SUPPORTING

**ORGANIZATION NAME:** METRO EAST LUTHERAN HIGH SCHOOL AFTER  
PROM

**FUNDRAISER DATE:** OCTOBER 13, 2024

Bring in this flyer, or order online through the MOD app or website using the provided coupon and MOD will donate 25% of your bill to support this great work!

**ADDRESS:** 2300A TROY RD  
EDWARDSVILLE, IL 62025

**FUNDRAISER CODE:** MODGIVES25

Offer valid only on the date(s) and at the MOD location identified on this flyer. Offer valid for dine-in, take out, or delivery when ordered through the MOD app or website only. For online or in-app orders, please use the code MODGIVES25. For delivery, customer must live within delivery boundary. Only non-profit organizations and non-profit schools are eligible to participate in the MOD fundraising program. MOD will donate 25% of food and beverage sales to the organization. Tax, gift cards and retail sales are excluded from the donation. Offer void if the flyer is distributed in or near the restaurant. For more information about fundraising, visit <https://modpizza.com/fundraisers/>





# **45th Annual Night of Knights Dinner Auction Donation Request**

Metro-East Lutheran High School (MELHS) has been providing a Christ-centered education to students in the metro-east area since 1977. Our largest fundraiser of the year is coming soon on Friday, November 1, 2024, and we would greatly appreciate your support!

## **THE IMPACT OF YOUR DONATION**

Your contribution helps further empower academic, athletic and spiritual endeavors during students' time at MELHS. Below are a few ways community contributions have impacted our school:

- Tuition assistance
- Technology upgrades
- Facility enhancements

## **WAYS YOU CAN HELP**

- Donate goods or services from your business
- Gift a financial donation
- Share this giving opportunity with others

## **DETAILS**

- Auction date: Nov. 1
- Deadline to donate: Oct. 11
- How to donate: Drop off donations at the school or call for pickup
- Metro-East Lutheran High School is a not-for-profit registered 501(c)3 organization; Tax ID# 37-1029182

## **WE GREATLY APPRECIATE YOUR SUPPORT!**

6305 Center Grove Road      Edwardsville, IL 62025      (618) 656-0043      [www.melhs.org](http://www.melhs.org)



# 45th Annual Night of Knights Dinner Auction Sponsorship Opportunities

## \_\_\_\_\_ **\$300 Event Sponsorship**

An event sponsorship includes signage at the event (eg, Desserts donated by Your Business Name), business card placement at tables, a full-page ad in this year's printed auction program, an ad on the big screen, an ad on the MELHS Facebook page.

## \_\_\_\_\_ **\$100 Sponsor**

Full-page ad in this year's printed auction program. Your ad will also appear on the big screen at the event and on the MELHS Facebook page.

## \_\_\_\_\_ **\$50 Ad**

Half-page ad in this year's printed auction program

## \_\_\_\_\_ **\$25 Ad**

Business card ad in this year's printed auction program

## \_\_\_\_\_ **Other Donation**

To become a sponsor please contact MELHS at 618-656-0043. Please make checks, corporate matches and other donations payable to Metro-East Lutheran High School.

Please email your ad and business logo to: [sheila.hamlin@melhs.org](mailto:sheila.hamlin@melhs.org) before October 4.

Name: \_\_\_\_\_

Business Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

**WE GREATLY APPRECIATE YOUR SUPPORT!**

6305 Center Grove Road      Edwardsville, IL 62025      (618) 656-0043      [www.melhs.org](http://www.melhs.org)

# **WAYS YOU CAN HELP**

**Please consider supporting our  
largest fundraiser of the year!**

**NIGHT OF KNIGHTS AUCTION IS NOV. 1**

**Here are some popular ideas!**

- Tickets of any kind: hockey, Fox Theatre, concerts, baseball, races, symphony, movies
- Experiences: vacation rentals, airfare, dinner, wine tastings, excursions
- Gift cards
- Bottles of wine, bourbon, or spirits
- Sports memorabilia
- Jewelry
- Contact [sheila.hamlin@melhs.org](mailto:sheila.hamlin@melhs.org) to volunteer your time.

**DONATIONS DUE OCT. 15**

[melhamlin-edder@gmail.com](mailto:melhamlin-edder@gmail.com)

## **Student Success Center**

Our Student Success Center is growing! We are now open three days a week and already have had more than 250 visits from students who need help with their homework, a quiet place to study, someone to listen to their problem and provide help to find solutions.

### **What is the Student Success Center?**

*A place for students who want help to grow their academic skills, get assistance working through problems with others, find emotional support and a listening ear, and (when desired) get practical help for life's situations.*

#### **Resources available in the Student Success Center:**

- A friendly face and someone to listen
- Support for students struggling emotionally
- One-on-one and small group tutoring
- Self-directed therapeutic art and music
- Calming activities to help with anxiety
- Healthy food for those who cannot afford/have forgotten their food

#### **Please come to the Student Success Center to:**

- Get help with homework/studying or get edits on a paper you have written (academic help)
- Talk over a problem you are having with others (relational help)
- Find help when you are struggling emotionally (emotional help)
- Access certain accommodations from your ISP (testing support)
- Plan a FUEL presentation (spiritual leadership development)

#### **When to come to the Student Success Center:**

- Large problem— Immediately (You feel unsafe. You or someone you know is in danger. This is an emergency!)
- Medium problem that CANNOT wait— Immediately (A classmate is repeatedly being unkind to you. You feel very sad and coping strategies are not working.)
- Medium problem that CAN wait— during study hall, homeroom, lunch, after school
- Small problem (You are in a conflict with a friend. You feel stressed about school. You feel angry and need help coping) – during study hall, homeroom, lunch, after school

#### **Because we need this space and resources for students in need, please refrain from coming to the Student Success Center if:**

- You just don't want to go to class or your friend is in there and you want to hang out
- It's Monday or Friday (the center is closed those days)
- Because you have an unhealthy sweet tooth and there's candy in there

**NOTE:** If the center is empty, students are welcome to come during their study hall to study or use the self-guided resources. Please know, however, that you may need to go back to study hall if a pressing matter arises.

**WE NEED DONATIONS!** Items the Student Success Center could use most: Large bags of candy (all types), protein bars, microwave soups, beef jerky, peanut butter singles, Go Go Squeezes, Z Bars, and trail mix singles. Thank you in advance for your support!



# FIELDS OF FAITH

Hosted by Triad High School

# 10.9.2024

**WHEN:** Wednesday, October 9  
6:30 - 8:00PM

**WHERE:** 703 U.S. Hwy 40  
Troy, IL 62294

**WHO:** ALL ATHLETES & COACHES:  
MIDDLE SCHOOL, HIGH SCHOOL,  
AND COLLEGE

**WHAT:** A NIGHT OF COMPETITION,  
WORSHIP, SPEAKERS, AND PRAYER.



**MAIN SPEAKER:**  
PASTOR PAUL FERNANDES

For more information: [atroeckler@fca.org](mailto:atroeckler@fca.org)