

# Metro-East Lutheran High School



## HIGHLIGHTS

August 16, 2024  
**Grace and Kindness**  
Ephesians 4

Please pray...

- For the fall athletes and coaches as the fall season begins.
- Giving thanks for a great start to the school year.



### Important Upcoming Dates

Aug. 29 School Picture Day  
Sept. 2 No School, Labor Day  
Sept. 12-13 Parent Teacher Consults

### Announcements

**Robotics:** The Knights Robotics team will hold its first meeting today from 3:30 p.m. to 5 p.m. in Room 101. All interested students are invited to join us to find out more about the robotics season. See the attached flier for more details.

**Seniors** will attend a Career Paths and Resume' Building session led by Jennifer Pickerell from McKendree University on Tuesday, Aug. 20, during second hour and homeroom in the cafeteria.

**ACT and Beyond:** On Thursday, Aug. 22, at 7 p.m. in the main gym, there will be a "The ACT and Beyond" event led by representatives from College Preparation Station in Maryville. It is a free event covering topics such as college admissions, financial aid, scholarships and especially the ACT and SAT. This is an opportunity to start — or continue — helping your child prepare for "what's next." Students and parents are welcome to attend.

**Interim 2025 Service Trip:** Do you want to spend a week in Costa Rica next spring serving the Lord? If you're ready to commit to this Interim Mission Trip, the registration deposit is \$100. You can give your deposit to Mrs. Covarrubias. Registration for the trip closes on Friday, Sept 13. If you'd like to know more, please contact Mrs. Covarrubias via email at [shanna.covarrubias@melhs.org](mailto:shanna.covarrubias@melhs.org).

**ACT/SAT:** The registration deadline for the Oct. 26 ACT test is Sept. 20. Please go to [ACT.org](https://act.org) and use our school code 144463. The registration deadline for the Oct. 5 SAT test is Sept. 20. Please go to <https://satsuite.collegeboard.org>.

**Medical Forms:** Parents please submit all necessary forms to the office as soon as possible. We need a concussion form and physical form for each athlete. If you are unsure if you turned one in, please call the office or email [linda.behrhorst@melhs.org](mailto:linda.behrhorst@melhs.org) to verify.

**Save the date:** Our annual Night of Knights Dinner Auction will be held on Friday, Nov. 1. Mark your calendar now for this event, our biggest fundraiser of the year.

**Auction planning meeting:** There will be a planning meeting for the auction on Wednesday, Aug. 28, at 6:30 p.m. in the Media Center. We need many volunteers doing a wide variety of tasks to make this event a success! Come out and see how you can be part of supporting our school fundraising efforts!

**Knight Stewards:** Come to the first Knight Stewards meeting of the school year on Thursday, Sept. 5, at 6:30 p.m. in the Media Center. The Knight Stewards is our parent booster club and provides support to our school in many ways. The Knight Stewards are looking for people interested in taking on a leadership position in this important organization.

**Are you looking for Lutheran High apparel or accessories?** Please check out this link:

<https://bsnteamsports.com/shop/9uWLh6QnJA>. Great prices on customizable items! You may order online, and it is shipped directly to you. This shop will close on Sept. 11.



## Sports/Activities Schedules

**Cross Country** — 8/31 at Civic Memorial Twilight

**Football** — 8/24 Scrimmage at Home vs. Christian Life-Hopedale; 8/29 at Unity Christian

**Boys Soccer** — 8/26 Home vs. Carlinville; 8/27 at Wesclin; 8/29 at Staunton; 8/31 Home vs. Gibault

**Girls Tennis** — 8/27 JV at Alton; 8/29 Home vs. Bunker Hill

**Girls Volleyball** — 8/27 Home vs. Murphysboro; 8/28 at Alton; 8/30 at Springfield Lutheran Tournament; 8/31 Freshmen at St. Charles Tournament; 8/31 at Springfield Lutheran Tournament

**Golf** — 8/19 Varsity Hickory Stick Tournament at Belk Park; 8/21 vs. Dupo at Oak Brook; 8/22 Varsity Madison County at Belk Park; 8/26 vs. Dupo at The Prairies; 8/28 Varsity at Woodlands vs. Maryville Christian and East Alton— Wood River; 8/30 Varsity Panther Classic Tournament at Litchfield Country Club

**Work continues on the upgrade of the football and soccer field.** Thanks to all the volunteers who came out last weekend to help with the installation of the new bleachers!



## Announcements (continued)

**Parking Permits:** All student vehicles need to have a parking permit. Students need to be parked in the corresponding spot during the school day until the student leaves campus. Permits are \$15. See Mrs. Behrhorst to get your permit.

**“Endure” T-shirt sale:** Celebrate faith, community, and the theme of "Endure" as the Zion Lutheran Church, Staunton, youth group sells t-shirts to recognize our school year theme and create excitement for the National Youth Gathering in July 2025. The soft-style Gildan shirts can be purchased in youth sizes s, m, l or adult sizes s, m, l, xl for the cost of \$25 each. Adult sizes 2x and 3x can be purchased for \$27 each. Orders should be in near the end of September. T-shirts will be delivered to MELHS. Go here to place your order:

<https://forms.gle/2QFDSL7ayikobs9>

## College

College visits are starting. Watch the daily announcements for more information about which schools will be sending representatives. To attend a college visit, juniors and seniors need to see Mrs. Behrhorst the day before the visit to receive a pass. You must still get permission from your teacher for the time that you will miss from class.

- Illinois Wesleyan, 9/26 at 9:30 a.m.

### **Seniors:**

- If you need a transcript sent to a college or university, please fill out a transcript request form. They can be found in the office. There is no charge to send transcripts while you are a current student here.
- Let Mr. Stock know of any scholarships you have been awarded. We want to keep track of the Class of 2025!

**MELHS Media**– Please follow our social media pages so you can stay up to date on everything happening around campus this year. **Please email any pictures to [angela.mueller@melhs.org](mailto:angela.mueller@melhs.org).**

**Facebook**-@MetroEastLutheranHS

**Instagram**-@melhs.knights





**KNIGHTS  
ROBOTICS**



# CREW FAIR



Mechanical



Electrical



Software



Design



Strategy



Awards



Outreach



Leadership

**Get to know everything  
Knights Robotics has to offer!**

**Introduction Meeting  
FRIDAY, AUG 16TH  
3:30 PM - 5:00 PM (RM 101)**

**More Information: [ddstaake@gmail.com](mailto:ddstaake@gmail.com)**