

# SUMMER ACTIVITY CAMPS 2023

## **L** METRO-EAST LUTHERAN HIGH SCHOOL



### **BOYS VOLLEYBALL**

**May 30-June 2; 10 a.m. - Noon**

**Grades 5-9**

**Cost:** \$50, includes T-shirt

Coach Jason Batty will lead this camp focused on learning the fundamentals of volleyball in a fun, energetic way.

### **GIRLS BASKETBALL**

**May 30-June 2; 1 p.m.-3 p.m**

**Grades 4-8**

**Cost:** \$50, includes T-shirt

Lady Knights Coach Rob Stock directs this camp, which features fun contests, group competition, offensive and defensive skill development and more.

### **BOYS BASKETBALL**

**May 30-June 2; 4 p.m.-6 p.m**

**Grades 4-8**

**Cost:** \$50, includes T-shirt

Coach Anthony Smith, the boys basketball coaching staff and members of the Knights team work athletes through a fun but intense camp.

### **GIRLS VOLLEYBALL**

**June 5-9**

**Grades 4-6; 1 p.m.-3 p.m.**

**Grades 7-9 3:30 p.m.-5:30 p.m.**

**Cost:** \$50, includes T-shirt

The MELHS Girls Volleyball coaches will lead this camp to help players learn new skills and develop their game.

### **CHEERLEADING**

**June 12-June 15**

**Grades 1-3; 4 p.m.-6 p.m.**

**Grades 4-8; 6:30 p.m.-8:30 p.m.**

**Cost:** \$75, includes T-shirt and bow

This camp will be focused on learning skills for cheers, band dances, a routine, jumps, tumbling and fun games. A closing performance will be held on the last day.

### **DANCE**

**June 20-23; 4:30 p.m.-6:30 p.m.**

**Grades 4-8**

**Cost:** \$50, includes bow

This camp will teach the fundamentals of dance and help students improve their skills through fun dance and activities.

### **ROBOTICS**

**June 19-23, 6-8 grade,**

**4 p.m.-6 p.m.**

**June 26-30, 4-5 grade**

**4 p.m.-6 p.m.**

**Cost:** \$65, includes T-shirt

The MELHS Robotics team will host this camp, which teaches the basics of programming and robots with LEGO EV3 sets. Students will work on a variety of challenges during the week with the final challenge being: head-to-head robot battles.

# How do I register for a camp?

Head to [www.melhs.org](http://www.melhs.org) and click on the Summer Camps link on the Athletics tab. You can register online or print and fill out the form below and return it to the school office.

## NOTES

- Unless otherwise noted, grades listed are for students entering those grades for the 2023-2024 school year.
- Space in some camps is limited and enrollment will be on a first-registered, first-accepted basis.
- Checks are payable to MELHS.

**Camper Name** \_\_\_\_\_

**Grade** \_\_\_\_\_

**Address** \_\_\_\_\_

\_\_\_\_\_  
**Phone** \_\_\_\_\_

**Parent Email** \_\_\_\_\_

**Current School** \_\_\_\_\_

**Camp #1** \_\_\_\_\_

**Camp #2** \_\_\_\_\_

**T-shirt Size: Adult S** \_\_\_ **M** \_\_\_ **L** \_\_\_ **XL** \_\_\_

**Child M** \_\_\_

I hereby agree to release Metro-East Lutheran High School and all associates and instructors affiliated with these camps from all liabilities and claims that may result from the camp.

**Parent/Guardian Signature**



**Metro-East Lutheran High School**

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