

# Metro-East Lutheran High School



# HIGHLIGHTS

January 6, 2023

## *Led to Serve*

Philippians 2:3-4

### Please pray...

- For our students as they start their second semester studies.
- For the families of eighth-grade students as they make decisions about high school for next year.
- For all those mourning the loss of loved ones.



### Important Upcoming Dates

January 10 Early Dismissal at 1:10 p.m.

January 12 Knight Stewards Meeting

January 16 No School, Martin Luther King Jr. Day

January 29 Lutheran High Sunday, Trinity Edwardsville

### Announcements

**Glow Bingo:** Please consider supporting the basketball and baseball teams by purchasing tickets or the last table for Glow Bingo this Saturday, Jan. 7. Doors open at 6 p.m. with the event starting at 7 p.m. Tickets are \$30 each. The location is at 284 Riggins Road in Troy. Please bring your own drinks and snacks. There are many wonderful silent and oral auction items for purchase too. Click the link to reserve your tickets: <https://www.signupgenius.com/go/60B0F4FA5AE28A6FF2-melhs>

**Early Dismissal:** Next Tuesday, Jan. 10, is an early release day. Students will be released at 1:10 p.m.

**Auditions:** Spring Musical auditions and callbacks will take place on Jan. 12 and 13. If you are interested in helping with backstage Tech Theatre jobs you will need to come interview for your position on Jan. 11. Students are allowed to interview and audition for roles in the show. For more information and to sign up for time slots check the Drama Club Google Classroom or email [theatre@melhs.org](mailto:theatre@melhs.org).

**ACT:** The registration deadline for the Feb. 11 ACT is Friday, Jan. 6. Please go to [act.org](https://act.org) to register.

**Knight Stewards:** The Knight Stewards will meet on Thursday, Jan. 12, at 6:30 p.m. in the media center. Please join this parent group that does so much for our students and staff!

**Interim 2023:** Interim 2023 will be April 24-28. A list of this year's offerings is attached. Seniors will receive their request forms on Monday, Jan. 9, and should submit their interim choices by Wednesday, Jan. 11. Juniors will receive their forms on Wednesday, Jan. 11, and must submit their choices by Friday, Jan. 13. Sophomores will receive their forms on Monday, Jan. 16 and must submit their choices by Wednesday, Jan. 18, and freshmen will receive their forms on Wednesday, Jan. 18, and must submit their choices by Friday, Jan. 20.



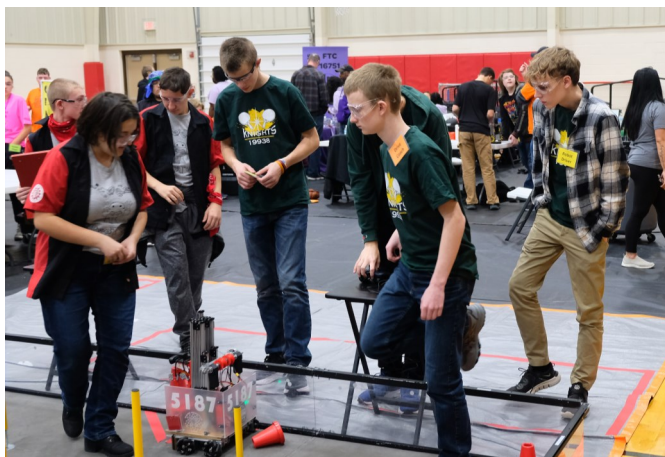
Pastor Metcalf from Zion Lutheran - Bethalto led our first chapel of 2023, speaking to our students of how Christ as the Light of the World shines in the darkness of sin and death.

## Sports/Activities Schedules

**Boys Basketball** — 1/7 Frosh Home vs. Father McGivney; 1/10 at Father McGivney; 1/11 Frosh Home vs. Columbia; 1/13 at Maryville Christian

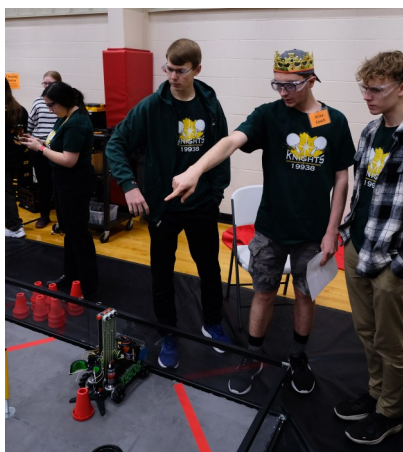
**Girls Basketball** — 1/9 Home vs. Marquette; 1/11 Home vs. Carlyle; 1/12 Home vs. Father McGivney; 1/14 at Murphysboro; 1/17 Home vs. Dupo

**Bowling** — 1/11 at Roxana; 1/12 Home vs. Christ our Rock; 1/17 at Southwestern



**Robotics** — 1/14 Meet at Granite City High School

**Scholar Bowl** — 1/12 at Althoff vs. Althoff/Civic Memorial/Freeburg; 1/14 at Piasa Invitational



**The Knights' Bowling Team** rolled back into action after break against East Alton - Wood River on Wednesday. JD Hutton had high scores for the boys, while Emma Gusewelle and Katie Albrecht each had career-best games and series scores for the girls. Emma's 164 score in the second game was the highest score for the girls team so far this year! Henry Schumacher also had a career-high game score for the boys.

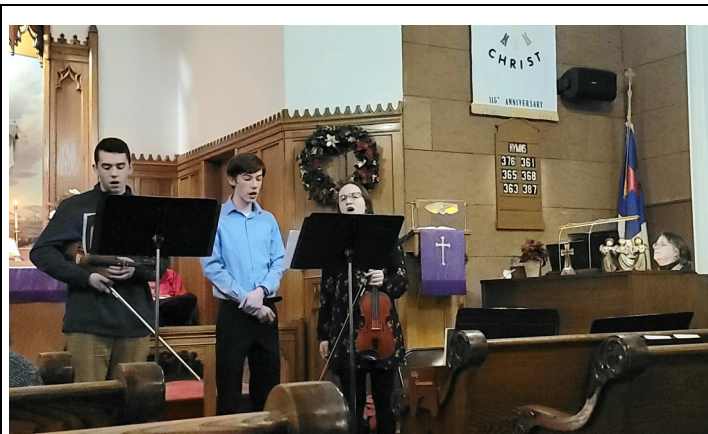


## Announcements Continued

**Open House:** Metro-East Lutheran High School will host an Open House on Sunday, Feb. 5, from 1 p.m. to 3 p.m. This is a chance for interested families to get a tour of our campus, meet our faculty and get answers to any questions they may have. Please invite any families you know who are interested in finding out more about MELHS to join us for this event.

**Lutheran Summer Camp is an overnight camp** which is hosted at Camp Sherwood Forest in Troy, MO. Camp takes place July 9-14 and registration is now open for all current 4th through 8th graders. For more information, email us at [LutheranSummerCamp@gmail.com](mailto:LutheranSummerCamp@gmail.com)

**Lutheran Summer Camp JC Applications** are live! If you love working with kids, praising the Lord, and leading fun team activities, apply today to be a JC! Junior Counselor Applications are open to any high school or college aged students. No prior camp experience is necessary! How to apply: <https://www.lutheransummercamp.org/ourteam>



**We are thankful** for the opportunities our music department students had to be a part of worship at churches in the area during the recent Advent season.

# GLOW



**JANUARY 7TH, DOORS OPEN AT 6:00PM, BINGO STARTS AT 7:00**

**284 RIGGIN ROAD, TROY**

**\$30 PER PERSON**

**SUPPORTS LUTHERAN HIGH BOYS BASKETBALL AND BASEBALL TEAMS**

**BRING YOUR OWN SNACKS AND DRINKS!**

**PRIZE BASKETS AND AUCTION ITEMS TOO!**

**BRING EXTRA MONEY FOR TICKETS AND FUN!**

**CONTACT CASEY SHANK**

**CSHANK@TRINITYLUTHERANMINISTRIES.ORG IF YOU'D LIKE MORE**

**INFORMATION OR WOULD LIKE TO JOIN!**

## **Interim Offerings 2022-2023**

### **Harry Potter and the Interim of Imagination Presented by Mr. Giordano**

We will explore themes like love, loyalty, loss, faith, suffering, mortality, and life after death through the lens of JK Rowling's iconic series. Both the books and movies will serve as source material as we trace the theological threads present in them, connecting to our everyday lives as we also learn the "stories behind the stories". (No Cost)

### **All About Dogs Presented by Mrs. Covarrubias**

Are you a dog-lover? Are you interested in a career with animals? Join Mrs. Covarrubias on a week filled with guest speakers (and barkers!) to show-and-tell us about all aspects of our canine best friends! Guest speakers may include animal trainers, veterinarians, animal behaviorists, animal nutritionists, dog groomers, and animal shelter/rescue workers. Canine visitors will hopefully include working dogs such as police and/or military dogs, LCMS comfort dogs, and guide/health support dogs. We will watch at least one film together, and to round out the week, we are also hoping to visit Purina Farms in St. Louis to tour their facilities and see a dog agility show! Cost is estimated between \$10-\$25. Meals are not included. Schedule may vary from day to day.

### **Service with a Smile Presented by Ms. McNealy, Mr. Koch, and Mr. Langendorf**

Students will be involved with service projects throughout the community and at school. (No Cost)

### **Disney Magic by Mr. Batty and Mr. Stock**

It is time to explore the magic of Disney. Students will be participating in three classes exploring different parts of how the magic is made. The classes include Theme Park Design, Technology of Disney Parks, and Immersive Storytelling. In all of these classes students will get a behind the scenes look on different aspects of the Disney parks. After the classes are over students will have a chance to explore the parks and all the magic they bring (Cost \$1,400)

### **Castles, Cathedrals, Coastlines and Countrysides by Ms. Thompson**

The British Isles have inspired imaginations for centuries. From the rolling, rugged beauty of the Ring of Kerry to magnificent man-made cathedrals like St. Patrick's in Dublin and Shakespeare's birthplace in Stratford, you'll feel the spirits of history by your side every step of the way. (Cost \$4,214)

### **The Great Outdoors Presented by Mr. Lorenz**

Join Mr. Lorenz for a week-long expedition of hiking excursions. We will take in some beautiful and unique hikes. Beyond regular hiking, we can discuss the possibility of a "hike through the trees" at a zip-line course, a "hike up a wall" at a rock climbing course, a "hike on wheels" if we go for a bike ride, or even a "hike like a ninja" if we decide to train at an American Ninja Warrior Course. Expect some surprises along the way!!!! There will be some cost - the cost will depend on what adventures we decide on as a group, and you may need your own bike. (Cost \$30-\$80)

**Dessert Decorating by Mrs. Wudtke and Avah Jones**

Avah Jones will teach us the basics of decorating with buttercream, and royal icing. Basic piping tools will be supplied. We will also be baking different types of treats. Such as breads, cookies, etc. (Cost \$50)

**What Does It Mean to Be Lutheran by Mrs. Shimkus**

What does it mean to be a Lutheran in America? What is the LCMS? How did Lutherans even get established here (most Lutherans have roots in Germany and Scandinavia). This interim will explore the history of Lutheranism in America. We will research genealogy of 'good Lutheran names' such as Lorenz, Shilbe, Fedder, etc. at a Lutheran heritage site. Other historic Lutheran sites will be visited (Perry County, St. Louis Seminary and vicinity) and field trips to the Concordia Historical Society and the LCMS International Center will be undertaken. You attend a Lutheran High School. Celebrate (and be knowledgeable about) being what it took for Lutherans to be established in America. This is not just about the God-given theology which you get in class every day, but more about the rich history of the LCMS and the people who had the conviction to preserve and promote those truths in the 1800's.

**Movies with Meador by Mr. Meador**

Is your head filled with endless Movie quotes? Do you enjoy seeing a plot develop, or a character arc? In this interim, we will spend time watching, discussing, and reviewing several movies that were pivotal in the landscape of cinema. We will take a field trip to a local cinema, to get a behind the scenes tour. We will also take a look at how the pros get it done, and all that goes into a movie. Once we have spent time doing this, students will have the chance to choose or develop a script, learn how to film like pros, edit, and premiere the movie on the last day of class. (Cost \$50)

**Esports by Mr. Moldenhauer**

Enjoy playing soccer with cars? Want to take your game to the next level? Then this is the interim for you! This is a class all about Rocket League. Mr. Moldenhauer will be partnering up with the esports team at SIUE to teach you more about your favorite flying cars and how to get those saves that people are always going on and on...and on about. We will cover general skills that will help with any esport, like teamwork, communication, and patience, as well as mechanics geared specifically toward Rocket League. If you want to join this interim but don't know how to play Rocket League, we recommend that you learn the basics of how to play by the time interim starts. This class will have a small cost. We hope to use the esports arena at SIUE, so we will split that cost among the participants. (Cost \$15)

**Mom, How Do You....? By Mrs. Morrison**

Basic Self Defense - Learn a few moves to make sure you can make it to your car at night when you're alone..

Finance - Budget, checks, do your taxes, invest in the stock market and buy a house

Basics of cooking and baking - so you don't starve living alone and can follow a recipe! We will create a full course meal with a dessert.

Basic Automotive Care - change the oil, change a tire, various tips for automotive care

Housekeeping skills - Laundry, cleaning tips, home maintenance, sewing or mending, how to register to vote and what the voting experience looks like.

Basic relationship skills - Emotional intelligence at its finest!

(Cost- Up to \$200)