

# Why sports camp?

Metro-East Lutheran High School Activity Camps are designed to help students grow the talents and gifts God has given them. But it is more than that!

MELHS Activity Camps also ...

- Give opportunities for students to meet new people and form relationships.
- Challenge students to spend their time in a productive way.
- Build students' faith through times of devotions and prayer.
- Surround students with coaches and teachers who are experts in their fields and serious about living their faith.
- Introduce younger students to older Christian students who can mentor them as they grow.



Metro-East Lutheran High School  
6305 Center Grove Road  
Edwardsville, IL 62025  
www.melhs.org  
618-656-0043

Metro-East Lutheran High School engages young adults in a Christ-centered environment, delivering academic excellence and spiritual growth to develop Christian leaders

## HOW DO I REGISTER FOR A CAMP?

Head to [www.melhs.org](http://www.melhs.org). Use the Activity Camp link; choose the camp you want. You can register online or print a registration form and return it to the MELHS office. You can also complete the form below, and return it to the school office.

## HOW DO I GET MORE INFORMATION?

Check out the Activity Camp link at [www.melhs.org](http://www.melhs.org).  
Or call the MELHS office  
at 656-0043.

### NOTES

- Unless otherwise noted, grades listed are for students entering those grades for the 2020-2021 school year.
- Space in some camps is limited and enrollment will be on a first-registered, first-accepted basis.
- Checks are payable to MELHS.

Camper Name \_\_\_\_\_

Grade \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_

Parent Email \_\_\_\_\_

Current School \_\_\_\_\_

Camp #1 \_\_\_\_\_

Camp #2 \_\_\_\_\_

T-shirt Size: Adult S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_

(for some camps) Child M \_\_\_

I hereby agree to release Metro-East Lutheran High School and all associates and instructors affiliated with these camps from all liabilities and claims that may result from the camp.  
Parent/Guardian Signature \_\_\_\_\_

# SUMMER ACTIVITY CAMPS 2020

Metro-East Lutheran  
High School





# GIRLS VOLLEYBALL

July 13-17

Session 1: Grades 4-6

8 a.m. - 10 a.m.

Session 2: Grades 7-8

10:30 a.m. - 12:30 p.m.

Session 3: Grades 9-10

1 p.m. - 3 p.m.

\$50, Includes T-shirt

Head Coach Jon Giordano, who has led the Lady Knights for 19 years and has 11 IHSA regional championships, leads the camp.

# BOYS BASKETBALL

July 20-24, 9 a.m. - Noon

Grades 4-8

\$65, Includes T-shirt

Coach Anthony Smith, the boys basketball coaching staff and members of the Knights team work athletes through a fun but intense camp.

# GIRLS BASKETBALL

July 20-24, 1 p.m.-3 p.m.

Grades 4-8

\$50, Includes T-shirt

Lady Knights Head Coach Rob Stock directs this camp, assisted by Coach Ruth Thompson, Maggie Anschutz and others. Camp features fun contests, small group competition, offensive and defensive skill development and more.

