

Why sports camp?

Metro-East Lutheran High School Activity Camps are designed to help students grow the talents and gifts

God has given them. But it is more than that!

MELHS Activity Camps also . . .

- Give opportunities for students to meet new people and form relationships.
- Challenge students to spend their time in a productive way.
- Build students' faith through times of devotions and prayer.
- Surround students with coaches and teachers who are experts in their fields and serious about living their faith.
- Introduce younger students to older Christian students who can mentor them as they grow.



Metro-East Lutheran High School
6305 Center Grove Road
Edwardsville, IL 62025
www.melhs.org
618-656-0043

Metro-East Lutheran High School engages young adults in a Christ-centered environment, delivering academic excellence and spiritual growth to develop Christian leaders

HOW DO I REGISTER FOR A CAMP?

Head to www.melhs.org. Use the Activity Camp link; choose the camp you want. You can register online or print a registration form and return it to the MELHS office. You can also complete the form below, and return it to the school office.

HOW DO I GET MORE INFORMATION?

Check out the Activity Camp link at www.melhs.org. Or call the MELHS office at 656-0043.

**Get \$5 off by registering
by May 16**

NOTES

- Unless otherwise noted, grades listed are for students entering those grades for the 2020-2021 school year.
- Space in some camps is limited and enrollment will be on a first-registered, first-accepted basis.
- Checks are payable to MELHS.

Camper Name _____

Grade _____

Address _____

Phone _____

Parent Email _____

Current School _____

Camp #1 _____

Camp #2 _____

T-shirt Size: Adult S___ M___ L___ XL___

(for some camps) Child M___

I hereby agree to release Metro-East Lutheran High School and all associates and instructors affiliated with these camps from all liabilities and claims that may result from the camp.

Parent/Guardian Signature

SUMMER ACTIVITY CAMPS 2020

Metro-East Lutheran
High School



BOYS VOLLEYBALL

May 26-29, 1 p.m.-3 p.m.

Grades 5-10

\$50, Includes T-shirt

Head Coach Jason Batty will lead the camp, which focuses on learning the fundamentals of volleyball in a fun and energetic way.

GIRLS VOLLEYBALL

June 1-5

Session 1: Grades 4-6

8 a.m. - 10 a.m.

Session 2: Grades 7-8

10:30 a.m. - 12:30 p.m.

Session 3: Grades 9-10

1 p.m. - 3 p.m.

\$50, Includes T-shirt

Head Coach Jon Giordano, who has led the Lady Knights for 19 years and has 11 IHSA regional championships, leads the camp.

WRESTLING

June 8-12, 1 p.m.-3 p.m.

Grades 3-8

\$50, Includes T-shirt

Have fun learning about takedowns, pins, escapes and reversals from Knight Wrestling Head Coach Tim Muther.

GIRLS SOCCER

June 8-12, 6 p.m. - 8 p.m.

Grades 4-8

\$50, Includes T-shirt

Coach Tim Muther and the Girls Soccer Team will lead this camp, which will help participants learn new skills and continue to develop their game.

BOYS BASKETBALL

June 15-19, 1 p.m. - 4 p.m.

Grades 4-8

\$65, Includes T-shirt

Coach Anthony Smith, the boys basketball coaching staff and members of the Knights team work athletes through a fun but intense camp.

GIRLS BASKETBALL

July 20-24, 1 p.m.-3 p.m.

Grades 4-8

\$50, Includes T-shirt

Lady Knights Head Coach Rob Stock directs this camp, assisted by Coach Ruth Thompson, Maggie Anschutz and others. Camp features fun contests, small group competition, offensive and defensive skill development and more.

