

SUMMER ACTIVITY CAMPS 2023

L METRO-EAST LUTHERAN HIGH SCHOOL



BOYS VOLLEYBALL

May 30-June 2; 10 a.m. - Noon

Grades 5-9

Cost: \$50, includes T-shirt

Coach Jason Batty will lead this camp focused on learning the fundamentals of volleyball in a fun, energetic way.

GIRLS BASKETBALL

May 30-June 2; 1 p.m.-3 p.m.

Grades 4-8

Cost: \$50, includes T-shirt

Lady Knights Coach Rob Stock directs this camp, which features fun contests, group competition, offensive and defensive skill development and more.

BOYS BASKETBALL

May 30-June 2; 4 p.m.-6 p.m.

Grades 4-8

Cost: \$50, includes T-shirt

Coach Anthony Smith, the boys basketball coaching staff and members of the Knights team work athletes through a fun but intense camp.

GIRLS VOLLEYBALL

June 5-9

Grades 4-6; 1 p.m.-3 p.m.

Grades 7-9 3:30 p.m.-5:30 p.m.

Cost: \$50, includes T-shirt

The MELHS Girls Volleyball coaches will lead this camp to help players learn new skills and develop their game.



CHEERLEADING

June 12-June 15

Grades 1-3; 4 p.m.-6 p.m.

Grades 4-8; 6:30 p.m.-8:30 p.m.

Cost: \$75, includes T-shirt and bow

This camp will be focused on learning skills for cheers, band dances, a routine, jumps, tumbling and fun games. A closing performance will be held on the last day.

DANCE

June 20-23; 4:30 p.m.-6:30 p.m.

Grades 4-8

Cost: \$50, includes bow

This camp will teach the fundamentals of dance and help students improve their skills through fun dance and activities.

ROBOTICS

June 19-23, 6-8 grade,

4 p.m.-6 p.m.

June 26-30, 4-5 grade

4 p.m.-6 p.m.

Cost: \$65, includes T-shirt

The MELHS Robotics team will host this camp, which teaches the basics of programming and robots with LEGO EV3 sets. Students will work on a variety of challenges during the week with the final challenge being: head-to-head robot battles.

How do I register for a camp?

Head to **www.melhs.org** and click on the Summer Camps link on the Athletics tab. You can register online or print and fill out the form below and return it to the school office.

NOTES

- Unless otherwise noted, grades listed are for students entering those grades for the 2023-2024 school year.
- Space in some camps is limited and enrollment will be on a first-registered, first-accepted basis.
- Checks are payable to MELHS.

Camper Name_____

Grade_____

Address_____

Phone_____

Parent Email_____

Current School_____

Camp #1_____

Camp #2_____

T-shirt Size: Adult S__ **M**__ **L**__ **XL**__

Child M__

I hereby agree to release Metro-East Lutheran High School and all associates and instructors affiliated with these camps from all liabilities and claims that may result from the camp.

Parent/Guardian Signature



Metro-East Lutheran High School

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