

METRO-EAST LUTHERAN HIGH SCHOOL HIGHLIGHTS

(618) 656-0043



MELHS.ORG



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Please pray...

- For all our students, staff and volunteers participating in the Homecoming activities next week.
- For our music department and all the students and staff involved in the fall concert this weekend.

UPCOMING EVENTS

- * **Fall Sampler Concert**
September 28, 2025
- * **Texas Roadhouse Dine to Donate**
September 30, 2025
- * **School Picture Retakes**
October 2, 2025
- * **Homecoming Dance**
October 4, 2025
- * **Early Dismissal - 1:10pm**
October 7, 2025



Announcements

MELHS Fall Sampler Concert

You're invited to the Metro East Lutheran High School Music Department's Fall Sampler Concert! Join us this Sunday, September 28th at 4 PM in Henschen Alumni Hall. Experience the beautiful sounds of our Honors Choir, Chorale, String Ensemble, and Concert Band as we celebrate our school year theme of "Value in Christ." A free will offering will be taken to support our Music Department, and a delightful dessert reception will follow!

Calling all Scholar Bowl players! We will have a student informational meeting during homeroom on Tuesday, September 30th and a parent informational meeting at 6:30pm on Wednesday, October 1st. Both meetings will take place in Mrs. Covarrubias' classroom (room 16). Please put these dates on your calendar if you have any interest in joining MELHS Scholastic Bowl this season. Practices will start the week of October 6th.

Join the MELHS girls' soccer team for indoor soccer! It's a great way to have fun and get some preseason training in! No experience is needed. This is not a commitment to spring soccer, nor is it an official MELHS sport. If you're interested, please email alyssa.bivens2026@melhs.org for more details.

Homecoming guest forms are available on the office counter. Please have one completed, if you are bringing a student from another school. They must be returned to the office by Wednesday, October 1. Homecoming tickets will go on sale starting Monday, September 29 before and after school in the office commons. Ticket prices are \$15.00 each.

Join Illinois Senator Harriss' Youth Advisory Council. The YAC will consist of four outstanding sophomore, junior, or senior students per high school within Senator Harriss' Senate District selected by principals, teachers, and administrators. The chosen students will meet with Senator Harriss' Senate staff to discuss public policies while experiencing the legislative process firsthand. The Fall YAC will be at SWIC - Granite City Campus on November 7th. Participants will have the opportunity to brainstorm and discuss issues that are important to today's youth. The idea behind this event is to engage students who are interested in careers in public service and to connect with elected officials and other leaders about the legislative process. This is a free event and lunch will be provided. Further details will be given closer to the date. If interested, please see Mr. Langendorf (Room 20) before noon on Friday, October 17th.

Auction

We have had a wonderful response to the signups -- thank you to our volunteers!! We can use more help. This week, we are especially interested in filling two open positions:

- Pulling the information of items from an Excel spreadsheet into the Auctria app for viewing (we will train you, it's not hard -- just takes some time). Best times to do this are October 1-15 school hours, but accommodations can be made for someone that is only available nights or weekends. Strong app and typing skills needed, and ability to navigate a software package on a laptop after being shown. (can be done as a team, really need 1-2 people to make this a success). Will need to be able to spend time during the dates above to meet the critical deadline.
- Overseeing games the night of the event -- we have someone stepping down next year who is willing to oversee the games and train the person that will take on this task next year. It's a lot of fun, and there's some planning involved along with being present from 4pm-7:30pm the night of the event (you can also stay for the rest of the auction and enjoy). Talking to people, encouraging ticket sales, handling purchases (on the app), and answering questions of those running the games are the primary responsibilities (project manager is a great skill to have here).

Thanks for supporting our "all school biggest fundraiser of the year"! Proceeds support financial needs around the school for improvements. To sign up for either of the above or to help in another way, including donating an auction item, please sign up [HERE](#).

For questions, contact Michelle Quinlan, mqmelhs87@gmail.com or 770-617-2466 (cell/text)

Sports/Activities Schedule

Cross Country - 9/26 at Gans Creek Classic-Columbia, MO, 10/4 Wesclin Invite

Football - 9/27 at Macon, 9/29 JV Home vs Macon, 10/3 Home vs South Fork - Homecoming Game

Soccer - 9/26 at Father McGivney, 9/30 at Maryville Christian, 10/1 Home vs Southwestern

Girls Tennis - 9/29 at Granite City, 9/30 at Civic Memorial

Girls Volleyball - 9/29 at Greenville, 9/30 at Father McGivney, 10/1 Home vs EAWR, 10/2 Home vs CORLHS

Golf - 9/29 Golf Crusader Invitational, 10/1 Golf Regional Tournament-Governors Run



Homecoming Week Spirit Days

Monday: PJ Day

Tuesday: Jersey Day

Wednesday: Generation Day
(Freshman - Baby,
Sophomore - Child, Junior -
Adult, and Senior - Senior
Citizen)

Thursday: Neon/Pink Out

Friday: Green and Gold

College Reps

College visits are starting. Watch the daily announcements for more information about which schools will be sending representatives. To attend a college visit, juniors and seniors need to see Mrs. Behrhorst the day before the visit to receive a pass. You must still get permission from your teacher for the time that you will miss from class.

- Kansas State - 10/1 at 8:30am
- Truman State - 10/15 at 1:30pm
- University of Nebraska - 10/27 at 11:00am

"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? ²⁶Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?"

Matthew 6:25-26

Stay Updated!

Follow our social media pages so you can stay up to date on everything happening during the school year. Please email any pictures to kori.krause@melhs.org.

Knight Stewards

A few updates from the Knight Stewards...

Dine To Donate

Tuesday, September 30 is our next Dine To Donate – at Texas Roadhouse. Bring the attached flyer to get some credit for our school. And, if you aren't able to make it, you are welcome to give a direct donation to the Knight Stewards by giving a check to the office.

Help Us Make This Year's Silent Auction Unforgettable!

We're gearing up for an exciting basket auction as part of the Night of Knights Auction, and we need your help to make it a smashing success! The Night of Knights Auction is 6 weeks away and we're looking for creative and themed basket donations that will wow our bidders and raise funds for MELHS.

We've got a few ideas listed below and on our [signup.com](#) list but we'd welcome ideas you have for a theme of your own. So, get together with some other MELHS families and put together a basket today.

- Movie Night – Popcorn, candy, cozy blankets, and a streaming gift card
- Pet Lover's Paradise – Treats, toys, and goodies for furry friends
- Gardening Galore – Seeds, tools, gloves, and decor
- Date Night In – Wine, snacks, candles, delivery gift card, and games
- BBQ Bonanza – Sauces, rubs, grilling tools, and more
- Beer Lover's Basket – Craft brews, mugs, and snacks

Sign up [HERE](#). Bring your completed basket to the school office by October 15.

Thanks for being a part of the Knight Nation village!

Misty Menossi (president@knight-stewards.melhs.org) and Jennifer Schilbe (secretary@knight-stewards.melhs.org), Co-Chairs, Knight Stewards