

METRO-EAST LUTHERAN HIGH SCHOOL HIGHLIGHTS

(618) 656-0043



MELHS.ORG



@MELHS.KNIGHTS



Please pray...

- Giving thanks for our families and friends.
- For safety for our school families who will be traveling over Thanksgiving break.

UPCOMING EVENTS

- * **Thanksgiving Break**
November 24 – 28, 2025
- * **Christmas Concert**
December 14, 2025
- * **Final Exams**
December 17–19, 2025
- * **End of Semester 1**
December 19, 2025
- * **Christmas Break**
December 22, 2025 – January 2, 2026



Announcements

Join us for the Edwardsville CEO

Jumpstart to Joy: Silent Night Edition on November 29 at the YMCA Meyer Center! Enjoy a festive evening with face painting, character meet and greets, life-size games, arts and crafts, bounce houses, and an exciting silent auction featuring local businesses. This event supports Edwardsville CEO, an organization that empowers young entrepreneurs and gives back to the community. Get your tickets [HERE](#) and help us jumpstart the joy this holiday season!

Save the Date: Mark your calendar for the annual Sigmund Bohnet Memorial Golf Tournament, which will be held on April 11 at Arlington Greens Golf Course in Granite City. If you are willing to help make this event a success, please contact rob.stock@melhs.org.

National Honor Society Service Hours Opportunity

Calling all NHS Students! Do you need service hours? As Mrs Schilbe mentioned at our recent meeting, NHS students are invited to serve in the concession stands to get hours. Sign up in the Knights Hub on the MELHS Knights app or at this link: <https://signup.com/go/UQmNYsA> Please make sure one adult is signed up with you.

SAT/ACT: This Friday, November 21 is the registration deadline for the December 6 SAT test. Please go to <https://satsuite.collegeboard.org> to register and use our school code 144463.

All Juniors – There will be a CEO recruitment informational meeting during 1st hour in the media center on Monday, December 8.

Enrollment: Enrollment for the 2026–2027 school year is now open! Please spread the word to family and friends that may be looking at high school options for next fall.

Our Hat and Mitten Tree is up! From now until December 16, NHS is collecting hats, mittens, scarves, gloves, and socks for local people in need. Please hang donations on the tree located in the office commons. Thank you for your generous support of our community!

Announcements

Thrivent Action Teams: Mrs. Spelbring is looking for Thrivent policy holders who would be interested in using one or both of their Thrivent Action Team applications to support the Student Success Center. We provide food to students in need and Thrivent Action Teams can help us stay stocked! We need volunteers to adopt-a-week and submit an application for support.

Sample applications are available so you can literally copy and paste the project details into the application to make it super easy to submit. Mrs. Spelbring provides a picture of the event and wording to use to report back after the week's activities are complete.

If you are a Thrivent member/policy holder, you have access to two Action Team requests each year. Each request can provide up to \$250 to your project. Once the project is approved, you can coordinate with Mrs. Spelbring to make this easy and fun. You can be as hands on as you'd like. E-mail faith.spelbring@melhs.org if you are willing to team up with Mrs. Spelbring and submit a request!

TUTORS NEEDED:

Would you like to sign up to be a tutor and help other students with homework, study for tests, and relearn difficult concepts? In addition to helping others, being a volunteer tutor looks great on a resume and is a fun way to complete NHS hours! Fill out this Google form to sign up to be a tutor: <https://forms.gle/GeCRsVF1fvEmJLVD9>

TikTok and Instagram Accounts

Students with TikTok and Instagram are encouraged to follow our new MELHS_KnightLife account! We post things to help with your mindset on Mondays, study tips on Tuesdays, scripture on Wednesdays, things we are thankful for on Thursdays, and fun things on Fridays. You can help us build a following by doing these things: follow, comment, like, share, and invite others to do the same!

Sports/Activities Schedule

Scholar Bowl - 12/1 TBA SIUC, 12/2 at Alton with Southwestern, 12/4 at Highland with Belleville East, 12/6 at Granite City

Bowling - 12/1 at Highland, 12/2 at Althoff, 12/4 at Roxana

Girls Basketball - 12/1 at Althoff, 12/4 Home vs Maryville Christian

Boys Basketball - 12/4 at Granite City, 12/5 at Father McGivney, 12/6 at Odin



This picture displays some of the MELHS students who attended the Lutheran College Fair, hosted on November 15 at Concordia Seminary, St. Louis.

According to event organizers, MELHS pre-registrations numbered 63 students and parents---one-third of the total pre-registration number! Open house style, students learned about the institutions of the Concordia University System and had opportunity to attend financial aid and other recruitment seminars.

College Reps

College visits are starting. Watch the daily announcements for more information about which schools will be sending representatives. To attend a college visit, juniors and seniors need to see Mrs. Behrhorst the day before the visit to receive a pass. You must still get permission from your teacher for the time that you will miss from class.

"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? ²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?"

Matthew 6:25-26

Stay Updated!

Follow our social media pages so you can stay up to date on everything happening during the school year. Please email any pictures to kori.krause@melhs.org.

Knight Stewards

Let's Stock the Stands & Support Knight Nation!

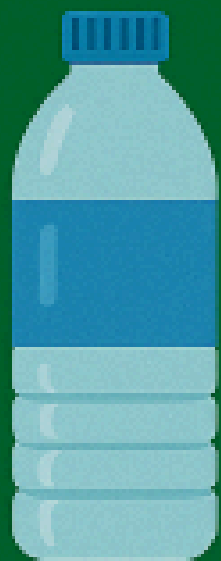
Knight Stewards is asking each MELHS family to donate one case of beverages during the week of December 1–5. While you are out and about over the Thanksgiving holiday getting an early start on Christmas shopping, pick up a case of beverages, too! Drop them off at the school office or the concession stand (if open). Choose from:

- Bottled Water
- Gatorade (20 oz bottles – no Gatorade Zero)
- Cans of Soda: Coke, Diet Coke, Sprite, Dr. Pepper, Mountain Dew Baja Blast

If every family pitches in, we could save over \$1,000—money that goes directly back to our sports teams, clubs, and student groups.

Thanks for stepping up, Knight Nation!

Misty Menossi (president@knight-stewards.melhs.org) and Jennifer Schilbe (secretary@knight-stewards.melhs.org), Co-Chairs, Knight Stewards



STOCK THE STANDS



WINTER 2025

**EACH FAMILY PLEASE BRING 1
CASE OF SODA, BOTTLED WATER
OR GATORADE TO THE OFFICE
OR THE CONCESSION STAND**

DECEMBER 1-5

