

# METRO-EAST LUTHERAN HIGH SCHOOL HIGHLIGHTS

(618) 656-0043



MELHS.ORG



@MELHS.KNIGHTS



## Please pray...

- Giving thanks for a successful Night of Knights auction last weekend.
- For our school board as it serves and guides our school.

## UPCOMING EVENTS

- \* **Lutheran High Sunday - St. Paul, Wood River**  
November 16, 2025
- \* **Thanksgiving Break**  
November 24 - 28, 2025
- \* **Christmas Concert**  
December 14, 2025
- \* **Final Exams**  
December 17 - 19, 2025
- \* **End of Semester 1**  
December 19, 2025



## Announcements

### Join us for the Edwardsville CEO

**Jumpstart to Joy:** Silent Night Edition on November 29 at the YMCA Meyer Center! Enjoy a festive evening with face painting, character meet and greets, life-size games, arts and crafts, bounce houses, and an exciting silent auction featuring local businesses. This event supports Edwardsville CEO, an organization that empowers young entrepreneurs and gives back to the community. Get your tickets [HERE](#) and help us jumpstart the joy this holiday season!

### MELHS Theatre: TONIGHT (11/13)-

Audition/Tech Interview Workshop  
The MELHS Theatre Company is inviting anyone interested in Theatre to our audition workshop Tonight 6:30-8:00 p.m. in the music room!

We will discuss:

- What you need to prepare for auditions
- Tips to help you prepare
- Introductions to our spring musical staff
- Dates for auditions/interviews
- Practice auditions/interviews
- We will also be officially revealing our spring musical

We hope to see you there!

**Tomorrow (11/14)** - A Jostens rep will be here on Friday during lunch to take graduation orders.

**All Juniors** - There will be a CEO recruitment informational meeting during 1<sup>st</sup> hour in the media center on Monday, December 8.

### Lutheran College Fair - Nov 15!

Concordia Seminary in St. Louis is hosting a Lutheran College Fair on Saturday, November 15. The open house-style event starts at 10am. Follow the link [HERE](#) to register for free. If you register by November 10, you'll get a FREE Chick-Fil-A Lunch!

**Enrollment:** Enrollment for the 2026-2027 school year is now open!

**Our Hat and Mitten Tree is up!** From now until December 16, NHS is collecting hats, mittens, scarves, gloves, and socks for local people in need. Please hang donations on the tree located in the office commons. Thank you for your generous support of our community!

### NEEDED: FUEL Service Project Ideas

We would like to devote the FUEL on December 4<sup>th</sup> to a mission project. We would like students to submit ideas for what we could do or organizations we could help. Please e-mail mission project ideas to Mrs. Spelbring at [faith.spelbring@melhs.org](mailto:faith.spelbring@melhs.org) by Wednesday, 11/12 and we will select the project at the next FUEL gathering.



## Announcements

**Thrivent Action Teams:** Mrs. Spelbring is looking for Thrivent policy holders who would be interested in using one or both of their Thrivent Action Team applications to support the Student Success Center. We provide food to students in need and Thrivent Action Teams can help us stay stocked! We need volunteers to adopt-a-week and submit an application for support.

Sample applications are available so you can literally copy and paste the project details into the application to make it super easy to submit. Mrs. Spelbring provides a picture of the event and wording to use to report back after the week's activities are complete.

If you are a Thrivent member/policy holder, you have access to two Action Team requests each year. Each request can provide up to \$250 to your project. Once the project is approved, you can coordinate with Mrs. Spelbring to make this easy and fun. You can be as hands on as you'd like. E-mail [faith.spelbring@melhs.org](mailto:faith.spelbring@melhs.org) if you are willing to team up with Mrs. Spelbring and submit a request!

### TUTORS NEEDED:

Would you like to sign up to be a tutor and help other students with homework, study for tests, and relearn difficult concepts? In addition to helping others, being a volunteer tutor looks great on a resume and is a fun way to complete NHS hours! Fill out this Google form to sign up to be a tutor: <https://forms.gle/GeCRsVF1fvEmJLVD9>

### TikTok and Instagram Accounts

Students with TikTok and Instagram are encouraged to follow our new MELHS\_KnightLife account! We post things to help with your mindset on Mondays, study tips on Tuesdays, scripture on Wednesdays, things we are thankful for on Thursdays, and fun things on Fridays. You can help us build a following by doing these things: follow, comment, like, share, and invite others to do the same!

## Sports/Activities Schedule

Scholar Bowl - 11/17 TBA Varsity - SIUC, 11/18 Away - Bond Co. with Cumberland

Bowling - 11/19 Home vs Jerseyville

Girls Basketball - 11/17 - 11/22 TBA Dupo Tournament

Boys Basketball -



It's getting real for the Seniors! On Monday, Seniors and parents attended the annual Graduation Information Night at Lutheran High. Dr. Krause and Mr. Stock shared important administrative requirements, while Class Advisors Mrs. Wudtke and Mr. Meador gave reminders about the Class of 2026's upcoming responsibilities. Liz Caldieraro, Assistant Director of Financial Aid at SIUE, also presented an overview of how the financial aid process works.



## College Reps

College visits are starting. Watch the daily announcements for more information about which schools will be sending representatives. To attend a college visit, juniors and seniors need to see Mrs. Behrhorst the day before the visit to receive a pass. You must still get permission from your teacher for the time that you will miss from class.

***"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? <sup>26</sup> Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?"***

Matthew 6:25-26

## Stay Updated!

Follow our social media pages so you can stay up to date on everything happening during the school year. Please email any pictures to [kori.krause@melhs.org](mailto:kori.krause@melhs.org).

# Knight Stewards

Let's Stock the Stands & Support Knight Nation!

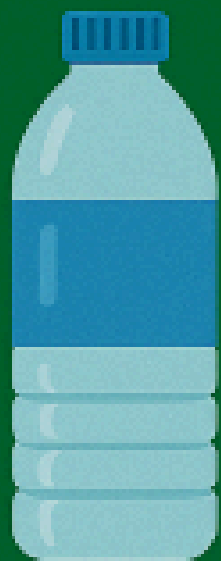
Knight Stewards is asking each MELHS family to donate one case of beverages during the week of December 1–5. While you are out and about over the Thanksgiving holiday getting an early start on Christmas shopping, pick up a case of beverages, too! Drop them off at the school office or the concession stand (if open). Choose from:

- Bottled Water
- Gatorade (20 oz bottles – no Gatorade Zero)
- Cans of Soda: Coke, Diet Coke, Sprite, Dr. Pepper, Mountain Dew Baja Blast

If every family pitches in, we could save over \$1,000—money that goes directly back to our sports teams, clubs, and student groups.

Thanks for stepping up, Knight Nation!

Misty Menossi ([president@knight-stewards.melhs.org](mailto:president@knight-stewards.melhs.org)) and Jennifer Schilbe ([secretary@knight-stewards.melhs.org](mailto:secretary@knight-stewards.melhs.org)), Co-Chairs, Knight Stewards



# STOCK THE STANDS



**WINTER 2025**

**EACH FAMILY PLEASE BRING 1  
CASE OF SODA, BOTTLED WATER  
OR GATORADE TO THE OFFICE  
OR THE CONCESSION STAND**

**DECEMBER 1-5**

