

METRO-EAST LUTHERAN HIGH SCHOOL HIGHLIGHTS

(618) 656-0043



MELHS.ORG



@MELHS.KNIGHTS



Please pray...

- For our student athletes as they wrap up the fall season.
- For all the volunteers working to prepare for our annual auction fundraiser.

UPCOMING EVENTS

* Lutheran High Sunday at Zion Bethalto

October 19, 2025

* Open House

October 26, 2025

* Trunk or Treat

October 29, 2025

* Early Dismissal - 1:10pm

November 4, 2025

* Night of Knights Auction

November 7, 2025



Announcements

Trunk or Treat: Any MELHS group or individual wanting to have a car in the Stu Co Trunk or Treat, should sign up on the Student Council bulletin board outside Mrs. Morrison's and Miss Spark's room. Trunk or Treat will run from 6 to 7:30 pm on October 29th in the MELHS parking lot.

National Honor Society Service Hours

Opportunity: Calling all NHS Students! Do you need service hours? As Mrs Schilbe mentioned at the recent meeting, NHS students are invited to serve in the concession stands to get hours. Sign up in the Knights Hub on the MELHS Knights app or at this link: <https://signup.com/go/UQmNYsA> Please make sure one adult is signed up with you.

FCA is having an event on Monday October 20. Join us at the picnic tables by the football field for food, fun, and fellowship from 6:30-8:30.

TUTORS NEEDED:

Would you like to sign up to be a tutor and help other students with homework, study for tests, and relearn difficult concepts? In addition to helping others, being a volunteer tutor looks great on a resume and is a fun way to complete NHS hours! Fill out this Google form to sign up to be a tutor: <https://forms.gle/GeCRsVFfivEmJLVD9>

LET'S ROLL! If you are interested in joining the BOWLING team, please sign up in Mr. Giordano's Room (103) and grab a schedule. Boys practice starts October 27, and Girls practice starts November 17.

Deadline tomorrow - Join Illinois Senator Harriss' Youth Advisory Council. The YAC will consist of four outstanding sophomore, junior, or senior students per high school within Senator Harriss' Senate District selected by principals, teachers, and administrators. The chosen students will meet with Senator Harriss' Senate staff to discuss public policies while experiencing the legislative process firsthand. The Fall YAC will be at SWIC - Granite City Campus on November 7th. Participants will have the opportunity to brainstorm and discuss issues that are important to today's youth. The idea behind this event is to engage students who are interested in careers in public service and to connect with elected officials and other leaders about the legislative process. This is a free event and lunch will be provided. Further details will be given closer to the date. If interested, please see Mr. Langendorf (Room 20) before noon on Friday, October 17th.

SAT/ACT: October 24 is the deadline for the November 8 SAT test. Please go to satsuite.collegeboard.org to register. November 7 is the deadline for the December 13 ACT test. Please go to act.org. Our school code is 144463.

Auction

Come one and all to MELHS 46th Annual Night of Knights Dinner Auction! It's time to get your tickets to a relaxing tropical getaway evening at Julia's Banquet Center in East Alton on Friday, November 7th.

Whether you attend in person or want to bid online, you'll want to download the Auctria app on your phone! Bidding starts next week, and items will become visible soon!!

Contact the school office if you have any questions!
Share with a friend, we hope to see you there!

To attend, purchase tickets at this link:
<https://event.auctria.com/d9fd3ce4-2b51-4619-a81d...>
OR use the QR code.



Sports/Activities Schedule

Cross Country - 10/25 Regionals at Wesclin

Football - 10/17 Home vs Pawnee, 10/23 at Oblong

Soccer -

Girls Tennis - 10/17 Sectionals

Girls Volleyball - 10/18 at CM Tournament, 10/21 Home vs Bunker Hill, 10/22 at Roxana

Golf -

Scholar Bowl - 10/20 SIUC



Announcements

Join St. Louis Regional Ambassador, Carrie Kober, on a trip to visit Concordia, Nebraska. This is open to all St. Louis area high school students. We will leave Thursday, November 6th at 7:30 am and return Saturday, November 7th at 6:30 pm. Students will tour the campus, meet with admissions, professors, and coaches. We will also go to a basketball game. There will be other fun opportunities to explore the campus and town. Students will be housed and fed by the University. Bring money for food on the trip up and on the trip back and any purchases from the Fan Shop. Register through the QR code. Questions? Call or e-mail Carrie Kober 314-221-9722 or Carrie.Kober@cune.edu



College Reps

College visits are starting. Watch the daily announcements for more information about which schools will be sending representatives. To attend a college visit, juniors and seniors need to see Mrs. Behrhorst the day before the visit to receive a pass. You must still get permission from your teacher for the time that you will miss from class.

- University of Nebraska - 10/27 at 11:00am

"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? ²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?"

Matthew 6:25-26

Stay Updated!

Follow our social media pages so you can stay up to date on everything happening during the school year. Please email any pictures to kori.krause@melhs.org.

Knight Stewards

Help Show Off Metro East Lutheran & Support Our Students – Volunteer at the Concession Stand!

We have several exciting opportunities in October and November to serve our community, support our students, and showcase the spirit of MELHS!

Three major tournaments (volleyball and basketball / high school and grade school) are coming to our campus soon, bringing many visitors to our school.

To make these events a success, we need volunteers to help run the concession stands. The money raised will directly benefit all extracurricular activities at MELHS—from athletics and music to academic clubs and more.

Why volunteer?

- Support our students and their passions
- Show off the excellence and hospitality of MELHS to our guests– some may be future students/families!
- Be part of something bigger—it's a fun way to connect with other MELHS families

Your help makes a big difference! Sign up today and be a part of the team that makes these tournaments unforgettable. (NHS students are eligible to sign-up and receive service hours credit as long as an adult is serving with them.)

<https://signup.com/group/100951824038>

Thank you for your continued support and for being a vital part of the MELHS family!

Misty Menossi (president@knight-stewards.melhs.org) and Jennifer Schilbe (secretary@knight-stewards.melhs.org), Co-Chairs, Knight Stewards



*Please join us for
Metro-East Lutheran High School's*

*46th Annual
Night of Knights
Dinner & Auction*

Friday, November 7, 2025

*Julia's Banquet Center
101 Eastgate Plaza
East Alton, IL 62024
Doors open at 5:00 pm*

*Wear your favorite tropical attire and
help us make a splash for a great cause.*

*Please RSVP by October 24
Scan the QR code to purchase tickets.
Tickets are \$60 per person.*





GIRLS WEEKEND OF CHAMPIONS NOVEMBER 7-9

Register at:

stlfca.org/girlsweekend

LAKE WILLIAMSON, CARLINVILLE

COST = \$250

**CONTACT MARK OBERHAUSER WITH QUESTIONS
OR FOR FINANCIAL ASSISTANCE
MOBERHAUSER@FCA.ORG**



GLORY