

Metro-East Lutheran High School



HIGHLIGHTS

May 15, 2025
Grace and Kindness
Ephesians 4

Please pray...

- Giving thanks for all the blessings during the 2024-2025 school year.
- For those families considering Metro-East Lutheran High School for their children.
- For a safe, fun summer for all of our school families.



Important Upcoming Dates

May 17 Graduation 11:00am

June 25 New Student/Family Welcome Night

Announcements

Planet Fitness Summer Pass: We're excited to announce the return of Planet Fitness's High School Summer Pass Program (HSSP) for 2025! This free program gives teens aged 14-19 unlimited access to Planet Fitness gyms, fitness classes, and a chance to win scholarships.

Program Dates

June 1 – August 31, 2025

Registration opens May 19, 2025 [HERE](#)

Madison County Transit has dropped off free summer youth passes in the office. Please stop by the office to pick up a pass to ride free from Memorial Day until Labor Day.

Summer Instrumental Music Lessons @ MELHS
Mr. Meador will be offering Instrumental Music Lessons at MELHS over the summer. The following instruments will be available: Piano, Organ and any Concert Band Instrument. Lessons are \$25 for a 30 minute lesson. Please contact Joseph Meador (joseph.meador@melhs.org) to sign up or for more information.

Calculators: If you have borrowed a calculator from Mr. Moldenhauer, please return it by this Friday so that they are available for students taking AP tests and then final exams. If you want to borrow a calculator, please sign it out on the clipboard in Mr. Moldenhauer's room.

SAT: May 22 is the registration deadline for the June 7 SAT test. Please go to satsuite.collegeboard.org.

Summer Camp Applications Available: July 6-11, 2025 (Sunday-Friday) -- Lutheran Youth Ministries summer camp - Daily Bible study, Christian fellowship, crazy games, great food, and more - an overnight week experience for those entering high school in 2025 through 2025 HS grads. Plan to become a part of our LYM family! The school office will have flyers/applications available soon but you can print one from our website today. Website for details and to print: www.lymcamp.org

MELHS Night of Knights 47th Annual Auction: We are planning the future of our Knights and the annual auction fundraiser. Please plan to join in on the planning for months before the event and/or helping the night of the event Friday, November 7, 2025. We need many people to pull off our largest, longest-running, all-school fundraiser. If you have questions, you can contact the school office or call/text Michelle Quinlan at 770-617-2466
Email: mqmelhs87@gmail.com
Sign up to help [HERE](#).
Thank you for your support!



Sports/Activities Schedules

Boys Volleyball — 5/20 vs Althoff

Baseball — 5/19 TBA Regional Week

Softball —

Track & Field— 5/17 Girls State Meet at EIU, 5/22 Boys State Meet at EIU

Boys Tennis—

Girls Soccer —

Announcements (continued)

Summer Office Hours: The school office will move to its summer schedule as of May 27. Summer office hours are from 9 a.m. - 3 p.m. Monday through Thursday and 9 a.m. - Noon on Fridays.

Registration is open for MELHS Summer Activity camps! Find out more on the attached flyers or at the link [HERE](#).

Registration is now open for SLU's Summer Medical & Surgical Workshop. This program runs June 23rd to June 27th at Saint Louis University and is available for all students who have completed their freshman year of high school to incoming college freshmen (ages 15-19) that are interested in science and medicine. Their website also has more information at <https://www.slu.edu/medicine/clinics-community/aims/summer-workshops.php>.

Do you have gently used sports equipment that you no longer need? Please consider donating it and dropping it off in a bin located in the office commons. The equipment will be cleaned and refurbished to be redistributed to members of the community that need it as a part of Cody Morgan's Eagle Scout project. Examples of donations include: cleats, baseball bats, track spikes, tennis rackets, balls, training cones, etc. Questions may be submitted to Cody Morgan at 760-907-8285 or reddanger2007@icloud.com.

New Student Applications: Applications are now open for new students interested in joining MELHS for the 2025-2026 school year. Families can submit an application here:

<https://mel-il.client.renweb.com/oa/?memberid=3749>

MELHS Media— Please follow our social media pages so you can stay up to date on everything happening over the summer. **Please email any pictures to kori.krause@melhs.org.**

Facebook-@MetroEastLutheranHS

Instagram-@melhs.knights



Please clean out your lockers and leave your lock closed on the locker. There will be extra trash cans for your use. Lockers without a lock on them will be charged \$10.00. If you have any items that you no longer need that are in good condition, please consider donating it in a drop off box in the office commons.

NEW STUDENT
FAMILY
WELCOME
- NIGHT -

25

JUNE



20

25

LUTHERAN HIGH SCHOOL

OPEN HOUSE 5PM-7PM

FOOD & FUN

MEET OTHER NEW FAMILIES



6305 CENTER GROVE ROAD



Metro-East Lutheran High School Summer Activity Camps 2025



Girls Basketball

- May 27th - May 30th, 8 a.m.-10 a.m.
- Grades 4-8
- Cost: \$50, includes T-shirt

Lady Knights Coach Rob Stock directs this camp, which features fun contests, group competition, offensive and defensive skill development and more.



Boys Volleyball

- June 9th- 12th- 1:00-2:30 pm
- Grades 5-9
- Cost: \$50, includes T-shirt

Coach Jason Batty will lead this camp focused on learning the fundamentals of volleyball in a fun, energetic way.



Girls Volleyball

- June 9th- 12th
- 4:00-5:30 grades 4th-6th
- 6:00-7:30 grades 7th-9th
- Cost: \$50, includes T-shirt

The MELHS volleyball coaches will lead this camp to help players learn new skills and develop their game.



Cheer Camp

- June 16th-19th- 4:00 - 6:00 pm
- Grades 1-8
- Cost: \$50, includes T-shirt and bow

This camp will be focused on learning skills for cheers, a routine, jumps, tumbling and fun games. A closing performance will be held at 5: 30 p.m. on the last day.



Boys Basketball

- June 30th - July 3rd - 4:30-6:30 pm
- Grades 4-8
- Cost: \$50, includes T-shirt

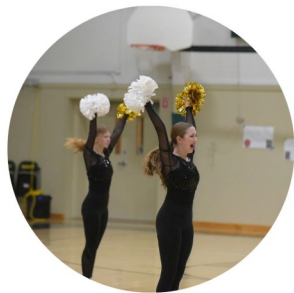
Coach Anthony Smith, the boys basketball coaching staff and members of the Knights team work athletes through a fun but intense camp.



Engineering Adventure Camp

- July 7th - 11th - 4:30-6:30pm
- Grades 5-8
- Cost: \$75 per camper — includes all materials and a camp T-shirt!

Get ready to design, build, and innovate! At our hands-on Engineering Camp, students dive into exciting challenges that combine creativity with real-world problem-solving. Campers will explore core engineering principles through fun, age-appropriate projects—from constructing simple machines to coding and programming robots!



Dance Camp

- July 14th-17th- 4:30-6:30 pm
- Grades K-8
- Cost: \$50, includes bow

This camp will teach the fundamentals of dance and help students improve their skills through fun dance and activities.

TO REGISTER FOR CAMP: Go to www.melhs.org and click on the Summer Camp link on the Athletics tab. Payment can be dropped off in advance at the school office or on the first day of camp. Checks should be payable to MELHS. **Please note: grades listed are for students entering those grades for the 2025-2026 school year.**